

## Mahashivratri Celebrations

at ShantiKshetra Premgiri Ashram, Karjat  
on 24th February



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MaitriBodh

[www.maitribodh.org](http://www.maitribodh.org)

# From the Editor's Desk

Dear DivineSouls,

In a week's time Valentine's Day will be celebrated all around the world as the 'Festival of Love'. Somewhat different from popular belief is the story of St. Valentine and His love and sacrifice, for which the day is commemorated. Love is our true nature, the real Self, the Ultimate Truth.

The first episode of the webinar "I am Love" was aired on 14th January, where our beloved Dadashreeji explained about the nature of True Love. There are more sessions to follow in the series starting this weekend. Love Incarnate Dadashreeji's message is now reaching out to more seekers worldwide through His video interviews.

The month of January also marked the sixth Maitri Manthan, the annual Mittr/Maitreyis meeting for retrospection and planning amid the serene Bhimashanker hills at our beautiful ShantiKshetra Premgiri Ashram in Karjat. Through the course of the Manthan, a profound havan took place at the Shaktipeetham, the cosmic energy centre, where the Divine mantr of Narayani Maa was chanted for the first time. All Mitrs and Maitreyis chanted in unison and were transcended into a state of bliss as they experienced overwhelming Love in their hearts.

With our beloved Dadashreeji's guidance many new ideas and projects were incepted at the Manthan, which has reinvigorated the members of the MaitriBodh Parivaar with renewed enthusiasm and vigour.

Our Divine Friend Dadashreeji has explained, "The cause of suffering is the lack of Love." Be it through the spiritual sessions and processes or through the social projects and initiatives, MaitriBodh Parivaar continues to spread the message of Love through the entire world.

Be a part of this transformational process and experience unconditional Love!

Love and Gratitude!



# Pearls of Wisdom

**Q. Why is it so difficult to get what you want in life or to do what you love the most in life? Why are there obstacles blocking my happiness and love of life?**

Dear Friend,

There is nothing in this world which is difficult as you have inferred. Situations sometimes become more complicated than expected. You are unable to keep pace with the sudden changes as you lack a proper or complete understanding of the situation. These adverse situations impact and challenge your wisdom and ability. Somehow, you fail to comprehend the right message during these difficult situations. Due to fear, you confine your growth and withdraw from everything. Before falling into such a low state and getting trapped in it, you need to wake up to reality and rise above such difficulties. Once you are aware of your downfall, you will find ways to come out of this limiting state.

When you are absolutely clear and sure of your passion, the purpose or love of life, nothing will stop you from attaining it or deflect you from your path by even an inch. Look at the bees! They fly and gather the sweet nectar available in flowers. Nectar is their life, the love and purpose of their existence. They drink and store it. They are never in doubt about their need but are focused in fulfilling their purpose of life. For the bees, there are no adverse seasons, no strong wind stopping them nor flowers resisting from letting go of their sweet nectar. Keep your faith! Your love will help you to find the way.

When you face difficult and challenging moments in life, your fears and weaknesses are brought to your awareness. You probably did not notice their existence within you all these years. These situations give you the opportunity of becoming aware of your imperfections within. Take this opportunity as a boon or a Divine gift! Unnoticed fear and weaknesses are like an undetected cancer, which once active, will damage positivity and end everything. Hence, welcome these challenging situations in life and face them with your strengths and qualities.

Your Divine makes you face these difficult situations so that you learn and grow as a 'being' to fulfill your purpose of life. That means you will be tested as per your passion or purpose of life. Considering an example of a car, a train and an aeroplane, you can immediately understand that the power required to run each of their engines is higher respectively. The higher the mode of transport, the higher the power required. So, understand here that the intensity of the situation or map of life is designed based on the purpose of your life.

Having said this, you should also know that everyone's path is unique. One doesn't mandatorily need to go through hardship. Similarly, you do not have to manufacture difficulties in life and claim how high the purpose of your life is! Sometimes, people fake and declare to be a victim. This fake mask will never help you to grow truly in life. Along with it, you also remain devoid of Divine Grace and guidance. Hence, we constantly request you - be natural! Be what you are!

*"Higher goals in life don't get achieved easily!"*

*"Remember, difficulties in life demand better and higher of you."*

**Love and blessings,  
- Dadashreeji!**



# I Am Love

**12th February**

4.00 PM - 5.30 PM IST (IND)

11.30 AM - 13.00 PM CET (EUR)

2.30 AM - 4.00 AM PST (USA)

I Am Love is one such web series where Divine Friend Dadashreeji guides everyone on the ways of unconditional Love and how to experience it in their lives - daily. We are all Love and the 'Inner Self' needs only His Grace that the lessons of our life get beautifully correlated to the lessons of the outer world and the inner lessons of our soul.

It is only love that can complete us and soon the lack we have in our life gets replenished with the abundance of love all receive from Him.

Allow His Love to fill your lives with abundance and flow with the Divine Essence.





# His Words ...

“True Knowledge focuses your mind on the 'Source of all Creation - 'The Self'”  
- Divine Friend Dadashreeji



A human being thirsts for times it is the kind of use in the day to day. How to progress in these are essential to an about this kind of

knowledge. However most of the knowledge which would be of world. How to earn more? society? Etc. Although extent, Dada is not talking knowledge in this quote.

He qualifies knowledge as “True knowledge”. What is “True knowledge”? True knowledge is not gained from books. True knowledge is gained from experience. How is experience gained? Experience is gained from doing something. Until you do something and experience the result, you will not gain true knowledge.

He then goes on to say, that kind of knowledge, “focuses your mind on the source of all creation – “The self”. This is a very powerful truth which needs clear understanding. What is the source of all Creation? What is “self”? “Self” is another word for consciousness. Consciousness is the screen on which all thoughts, actions and experiences are perceived. All that is created is a movement/ripple in the screen of consciousness. In short without consciousness there is no creation. In deep sleep and when a human is unconscious there is no awareness and no creation for that person. Self is where all the Masters are. Self is also a part of God.

Hence Dada's quote reiterates that, true knowledge gained from experience in performing an action, allows us to also perceive the perceiver. This perceiver is our consciousness which is also called “Self” and is the Source of all Creation around us.





# Dadaleela

..... Devotee's Experiences

## Shravan

I used to take a small white flower from a tree at my workplace and offer it to Dadashreeji's shrimurti in my office almost every day. Since the winter set in, the tree stopped bearing flowers and it had been quite some time since I last offered a flower. However, last week, as I was leaving my office, I saw a patch of yellow flowers and thought that I could take these instead.

Today, as I was walking towards the office building, I remembered the yellow flowers that I had wanted to offer since last week. I moved towards the flower bed. But as I reached the plant, I was a little hesitant in plucking the flower. I really wanted to offer the flower, but probably the thought of someone seeing and disapproving the act of plucking flowers stopped me.

Still in a dilemma I let the plant be and re-joined my colleagues. In my heart, I was still longing for the flower and wishing that I could offer it to my Dada.

As we reached the office entrance, the security guard opened the door for us. My colleagues accompanying me entered the office, but just before I could enter, the guard stopped me.

He smiled at me and said, "Sir, this is for you!" and handed me the yellow flower. For a few seconds, I could not register what had just happened. We would exchange smiles every day, but a flower was something he had never given me before.

As I offered the flower to Dada's shrimurti, I realised - this is what Shravan truly is. Each and every moment, He listens to children express themselves - in joy, sorrow, love, anger - patiently. He listens to the prayers of His children even when they don't speak.

**Dada Sharanam**

**In Humility and Surrender  
- Mitr Prawesh**







## The Miracle

Dadasharnam,

I was 6years old when I suffered from a hearing problem. It was so severe that the doctors had advised surgery. I was really scared and upset. I had to visit the doctor every 3months for a check-up. I started avoiding people. Eventually I got my left ear operated. I still wasn't able to hear 100% clearly. When I was 15, I met Dadashreeji. That very day I got so connected to him just like a daughter is towards her father. I have no words to describe my gratitude towards him. By his Grace, I am now 100 % alright and I am able to listen and speak without any hesitation, I have regained my confidence. It's been 3years I have not visited any doctor and not taken any medicine.

Thank you Dada for this beautiful miracle in my life.

- Yashveen Chugh  
Amritsar



## Experiencing Maa (Divine Mother) at home

It's been three days since the havan was performed at my place. I feel my home has become divine, pure and is vibrating with divine energy.

During the havan when we closed our eyes, Arvinder ji(my husband) visualised a growing golden tree with golden leaves. We are experiencing the presence of Divine Maa in our home. It is the first time we have experienced something like this. The effects of the havan are far beyond my expectations.

- Rimpay  
Ludhiyana



# Poem...

Dada to one of us  
You cry day and night  
Be One with me.

I cry out to your deaf ears  
I am One with you before your birth.

I wake you up in the morning.

When the tear drops make a noise.

That is the time when I come to you in noiseless steps to make  
You realise you are One with me.

You turn over to catch a few extra minutes of slumber.

You choose oblivion to Me  
I cry like a small baby to wake up mother  
In the afternoon  
When the sun is high  
I become the soft shadow  
Under the old tree I blow with the soft breeze.

I beckon you  
Come and be with me and spend some 'us time'  
You say "I am too busy to sit under a tree now"  
In the evening when you are on your way back home  
I am the dirty hands of the little girl who sells roses in the signals  
You roll up the window to  
Keep away the dust.

You keep Me away again once more in the day.

In the night you cry your heart out why do you not listen to me Dada?"

"I cry so much where are You?".

I cry and laugh.

I scream at Your deaf ears.

I am You  
You are Me  
I look at your sightless eyes you look beyond Me.

I embrace you in loving Grace.

Yet you cry ' where are you Dada?"

- Maitreyi Bharati





## Kannapan's love for Lord Shiva

Kannapan is the name given to one of the Tamil saints who worshipped Lord Shiva. His original name was Thinnan. Thinnan was uneducated but had unmatched love for Lord Shiva. He would hunt, kill some prey and cook it as offerings to the Lord. He did not have plates and utensils to make his offerings and hence would keep the water in the mouth, wild flowers in his matted hair and cooked meat in his hands. As soon as he reached the Shivling he would spit the water on the statue, keep the flowers near the lord and also offer the cooked meat.

In the same area lived another Shivaite saint called Shiva Kochariyaar. One day he saw the curious way in which Thinnan prayed to the Shivling and was horrified. But he decided to watch him from a distance without being seen.

The next day Thinnan came with his offerings as usual and offered them to the Lord, but to his horror he saw blood oozing out of one of the eyes of the Shivling. He tried to wipe it off but to no avail. Then without thinking he plucked out one of his own eyes and inserted in the bleeding eye and stopped the bleeding. However to his horror the other eye of the Shivling started to bleed. He now had no option in his mind but to pluck out his other eye, and put in on the Shivaling's bleeding eye! However he wondered how he would place the second eye correctly as he himself would be totally blind. Without any hesitation, he lifted one of his legs and kept the big toe on the bleeding eye and proceeded to pluck his eye. Seeing this, Saint Shiva Kochariyaar fainted. It was then that Lord Shiva who was witnessing all this appeared in person before Thinnan, blessed him, gave him back both his eyes and said "For the glorious sacrifice of your eyes and the love you have from me, you from now on will be called Kannappan" (Kann in Tamil means eyes).

**Moral:** If the love for God is so intensely selfless that you are willing to sacrifice anything then, you will be graced by His love.



# What is Maitri Light?

Maitri Light is the process of Divine Intervention wherein you receive Love and Grace of the Divine. We all need Divine Grace in our lives especially in moments or situations where we feel physically and emotionally stuck and are not able to move forward. Divine Grace guides you to move forward positively in life.

External disturbances in our life shakes the stillness of the mind. The mind is the origin of all our thoughts. Negative thoughts manifest as emotional disturbances which may lead to anxiety, worry, physical ailments and even depression. The external situation is not in our control. However, we do have a choice on how we respond to various situations in our life.

The process of Maitri Light allows you to bond with your Inner Divine and fill your Inner Being with Dadashreeji's Love, Energy and Grace. This process will help in stabilizing emotions and erasing the physical pain caused by unsettled emotions. It will allow you to respond positively to any situation that you may be going through in life.

During the day, the Sun's light is so powerful that we do not need any artificial light. In fact, other forms of light fade away in front of the Sun. In the same way, when Divine Light in the form of Divine Grace is showered on us, it fills our entire 'Being'. It lightens our path and we are able to take the right decisions in life for our growth.

The process of Maitri Light awakens the Divine Light within and can be received for removal of various blocks or barriers on the path of growth in your life.

Maitri Light sessions are being conducted all over the world today and are helping heal innumerable souls (mind and body). It is giving direction to the directionless lives of all those who come to receive Divine Blessings.



# Maa Narayani Mantra

The year 2017 is truly the Grace Year. Our Love Incarnate Dadashreeji has blessed us with Narayani Mantra

Maa Narayani - The Shakti (Divine Power) empowering Dadashreeji 's Mission is the epitome of Love, Compassion and Prosperity.

Chanting Maa Narayani's mantra will bless seekers with prosperity and abundance in life.

Thank you Dadashreeji and Maa Narayani for showering your Grace as One Consciousness in our lives. Humble Prostrations at Thine Lotus Feet

॥ ॐ कारुण्यै पद्महस्तायै  
नारायणी नमोऽस्तुते ॥

## Meaning in Hindi:

हे करुणामयी, हाथों में कमल धारण करने वाली,  
(देवी) नारायणी! आपको सादर प्रणाम (नमन्)।

|| Om Kaarunyai Padmhasthayai  
Narayani Namostute ||

## Meaning in English

Epitome of love and compassion Holding the Lotus flower  
To Narayani we humbly offer our obeisance

**Thank you Dadashreeji and Maa Narayani for Showering...**





# Excerpts of Dadashreeji's interview

from a broadcast on 5th Feb.

The world has been sent a Divine message telling them the cause of all suffering is the lack of love. The wait is over at last and the floodgates of love have been opened.

Dadashreeji spoke about being a Divine Friend who is here to guide all on the 'right path' helping them through hard times. A true friend who will be with them till the end. One simply has to have the faith in this.

The MaitriBodh Parivaar was formed to help all experience the coming deep transformation in the world. This would mark a new beginning for the world for all humanity. The purpose of MBP is to reach out across the world and bring about a huge transformation in human consciousness - so that everyone may experience their true nature that of love.

About Dadashreeji: A medical doctor who today is a 'spiritual doctor'. His personal journey started with questions of the human mind like who am I? Where have I come from? What is the purpose of my life? "I wanted to do seva and so I became a doctor but I felt incomplete because I could only help heal the physical body and not the mental nor the spiritual". I soon realised that everyone is suffering due to pain yet there seemed to be no permanent solutions in sight. "With these questions in mind I went inwards and in time 'experienced the Truth'. 'Just Being Yourself' was the moment when I experienced being complete".

Dadashreeji explained that His journey of seeking started in 1996. "I had a lot of spiritual experiences and slowly I started getting the answers. Then in 2006 I met Babaji. Before that I had no idea who MahaAvataar Babaji was, but subsequent to our meeting Babaji declared me as His disciple and became My Guru".

"So started anew journey that was completely different from my earlier years of seeking. What you see today is the One who was made from 'that experience'. What I learnt from Babaji, in itself gave me the freedom and the experience of Love. I am not here to teach any lessons, but share what I have experienced Myself. I simply tell you about yourself. Who are you? Where do you come from? What is the purpose of your life".

"In 2009 there was a huge shift in Me and then the turmoil within was gone. I was surrounded by silence. It was akin to the way rivers and streams go through turbulent ways and routes to reach the sea. Once they reach the depth of sea they become quiet and get absorbed in its folds, in its silent depth.

"My entire consciousness was centred in that one moment. You are everything and everything is in You. That was the moment when the difference between Babaji and me disappeared and I experienced 'One consciousness'. My purpose was revealed to me and with that the MBP started. The Dadashreeji you see today is simply an extension of Babaji".

"Today's need is to know your True Self". "All the awakened spiritual Masters are here to give you this one message, to know your True Self and with that the knowledge to embark on your own journey".



"Every person comes on earth for a specific purpose a cause. All suffering perceived by humans is in the form of pain, but I see it as 'growth' on the spiritual path". To seek your own Truth, to make your own language and have the freedom to 'know yourself', to create and walk on your path. I as a Friend will be with you on this path - to help you so this path becomes easy and good for you. That is my purpose".

**Question:** All books talk about Enlightenment or Mukti, Liberation or Moksh, Awakening and Awareness. These words create a lot of confusion in our life. Can you please explain the meaning of these words?

**Answer:** "An Awakened state is when you are aware of the state of 'Absolute Truth' - when you awaken to the 'state of Divinity within you' and live in awareness".

"When you get freedom from the 'influences of the worldly life' then you experience the 'state of Enlightenment or Mukti'. However this is a temporary state, the spiritual journey actually starts after this state is reached and you experience the 'Real Self' within. Today you can't because your mind plays with you but after attaining Mukti your mind becomes quiet and at peace. Focus on that moment for this is the last moment. When you reach 'that state' - you experience the True Self, the Divine in the truest sense".

"When you get freed from the cycle of life and death then you get Liberation or Moksh. One doesn't ever come back on Earth in any form ever again".

**Question:** What is it that Dadashreeji gives to everyone?

**Answer:** "I am a doctor by training so I first look for the problem - then I give the solution. The cause of all suffering is the 'lack of love'. Some have it to a lesser extent in their life while some don't have it at all. As you experience love within, you stop giving pain to another because you yourself feel less of it. When you love someone completely or when someone loves you completely your energy is high and in that happy state you can never harm anyone. Because you are happy - you only want the other to be happy as well".

"When people come to me they are empty of love and I fill them with love. All I have is Love and Grace and that is what I give to everybody".

**Question:** What is love and what is the difference between the love you feel and the love we know in this world.

**Answer:** "The material worldly love is different from 'Divine Love'. Any love that is unconditional is 'Divine Love'. No expectations, no dependency. When you experience freedom in love - that is true 'Divine Love'. I say it is possible because I experience it in My life. When I give this love to others they experience it in themselves and their lives. All I want is for this emotion called 'Love' to reach everyone, all humanity and thereafter take the form of friendship (Maitri).



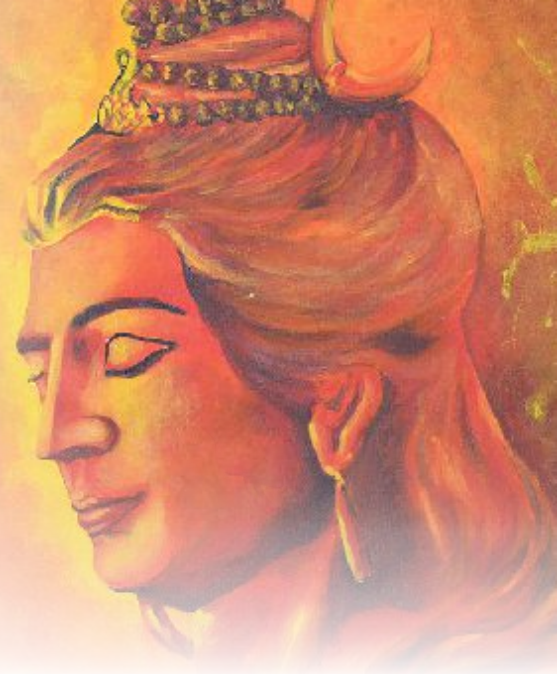


# Mahashivratri

24thFeb - 25thFeb 2017

## Significance of Mahashivratri:

This is a day when nature ushers the devotee towards one's spiritual peak. There are two natural forces that afflict man, first (Rajas) –the quality of passion, activity, neither good nor bad and sometimes either, self centeredness, egoistic, individualizing, driven, moving, dynamic and second (Tamas) –the quality of imbalance, disorder, chaos, anxiety, impure, destructive, delusion, dull or inactive, apathy, inertia or lethargy, violent, vicious, ignorant. The ShivaratriVrat (fast) aims at gaining perfect control over these two natural forces. The entire day is spent at the Feet of the Lord. Continuous worship of the Lord necessitates the devotee's constant presence in the place of worship. Motion is controlled. Inharmonious energies, such as lust, anger, and jealousy, born out of the first natural forces, are ignored and subdued. The devotee observes vigil throughout the night; and thus, conquers the second natural force as well. Constant vigilance is imposed on the mind.



## Story:

Once upon a time there lived a king, who ruled over the entire Indian sub-continent. He was observing the Mahashivratri fast together with his wife. A sage came on a visit to the court of the king.

The sage asked, “O king! Why are you observing a fast today?”

King who had the gift of remembering the incidents of his previous birth explained the reason.

The king said to the sage: “In my past birth, I was a hunter in Varanasi (present day Kashi). My livelihood was to kill and sell birds and animals. One day, I was roaming the forests in search of animals. I was overtaken by the darkness of the night. Unable to return home, I climbed a tree for shelter. It happened to be a bel (Wood apple) tree. I had shot a deer that day, but I had no time to take it home. I bundled it up and tied it to a branch on the tree. As I was tormented by hunger and thirst, I kept awake throughout the night. I shed profuse tears when I thought of my poor wife and children who were starving and anxiously awaiting my return. To while away the time that night, I engaged myself in plucking the bel (Wood apple which is offered to Lord Shiv during worship) leaves and dropping them onto the ground”.

“The day dawned. I returned home and sold the deer. I bought some food for myself and for my family. I was about to break my fast when a stranger came to me, begging for food. I served him first, and then took my food”.

“Much later at the time of death, I saw two messengers of Lord Shiv. They were sent down to conduct my soul to the abode of Lord Shiv. I learned, then, for the first time, of the great merit I had earned by the unconscious worship of Lord Shiv in the form of the Ling during the night of Shivratri. They told me that there was a Lingam at the foot of the tree. The leaves I had dropped throughout the night had fallen on the Lingam. My tears, which I had shed out of pure sorrow for my family, had onto the Lingam and washed it. I had fasted all day and all night; thus unconsciously worshipping the Lord and offered food to a stranger before partaking of it myself thus pleasing the Lord.

“I lived in the abode of the Lord and enjoyed Divine Bliss for long a time. I am now reborn as king. I have now realized about the Infinite Love and Compassion of Lord Shiv. Even unconscious acts of goodness are blessed in such a way, then what to talk of our conscious acts of expressing our love,





respect, and reverence for Lord Shiv. He is, indeed, Ashutosh – one who gets pleased very easily. Lord Shiv is, indeed, an embodiment of infinite love and compassion – that is why He is so easy to please. He showers us with His blessings at each moment of our lives”.

May we all devote this day auspicious day of Mahashivratri to express our gratitude unto His feet.

### **Kriya for Devotees:**

1. On this auspicious day, devotees should chant the holy name of Lord Shiv for the entire day and night. One may fast throughout the day and night, breaking it next morning. The purpose is to devote and surrender oneself to the Highest Supreme Consciousness, to the Creator of all, who has appeared in the form of Ling. It is the best day to unite with that “Source” by chanting the holy name of Lord Shiv.
2. Take a bath at or after Sunrise while chanting the holy name – “OM NAMA H SHIVAY”
3. After your bath, worship your Shiv and deities residing at Puja Sthala by offering aarti. Offer garlands and prasadam (Milk, Kheer, Bananas, Apple, etc.)
4. For the entire day practice Mauna (noble silence) if possible; while silently chanting Dadashreeji's mantr or OM NAMA H SHIVAY within.
5. At night if possible, devotees should sing Bhajans or continue chanting the holy name of Lord Shiv.
6. Dadashreeji has asked us to initiate prayers and kriyas after 11.15 pm till 11.45 pm (Night of 24thFeb17). It has been said that punyas earned on this day are adequate for the entire year, to keep one happy and healthy.
7. If devotees have the Ling at home they can do kriyas with the Shiv Ling or sit and meditate at the heart centre and visualize the presence of Shiv Ling to perform the kriyas explained below.
8. After the Ling Kriya, devotees should chant Babaji's Mantr and Dadashreeji's Mantr 3 times each, conveying your prayers to Them.
9. At the end, offer aarti to the Ling, your deities and the Master with gratitude to them with love and devotion.

### **Ling Kriya:**

- a. Devotees would do Abhishek on the Shiv Ling with water, milk, honey, ghee and coconut water.
- b. One can use sandal, kumkum and turmeric during worship. After cleansing, devotee would offer Bel leaves (Wood apple leaves) for 108 times, to the Ling. The mantr to be chanted is given below.

### **II OM SHREEM OM MAHAKALESHWARAY NAMAH II**

- c. One can chant the above mantr as many times as one desires. The mantr is very powerful and mystical. It has the power to dissolve obstacles and difficulties, blessing the family with growth and prosperity as well as society in general. During this time, Dadashreeji and Babaji would be in their “exalted state” to bless you, your family and entire humanity with their love.

**Happy Mahashivratri!**

**Dadashreeji Sharanam....!**

For any queries please contact  
MitraShankh: +91-9167396870





Seekers from all around the world are experiencing the Divine Grace of Dadashreeji. This month many people walked in looking for and found answers to their questions during the sessions. A young girl expressed that only one word described her experience of the session. 'Abundance'.

## Maitri Diwas was held in Mumbai and Delhi 15th January





# A Music concert at Acworth Leprosy home

20th Jan, Nasik- 15th January, Pune- 21st January

Musical concerts were conducted by our Mitrs and Maitreyis and despite a language barrier the music reached the very core of the hearts of all present. A few inmates joined in singing their own songs and received immense Grace and Love. The concerts had everyone soaking in the Divine Grace throughout the beautiful and soul stirring musical evenings.

*Maitri Sessions and Sambodh Dhyam (Meditation) Sessions are being held regularly all over the world.*



## Havans

Pune, Delhi, Mumbai, Punjab

Havans are the most sacred and purified medium of removing negative energies of a place with the positive energy of the Divine. During these havans everyone felt a shift in their premises with the grace of the Deities present. Havans were conducted in the homes and offices of devotees and Sevaks during the month of January.





# Upcoming Events

Maitri Diwas & I AM LOVE- Web series by Dadashreeji	12 <sup>th</sup> Feb 4.00 PM - 5.30 PM IST (IND) 11.30 AM - 13.00 PM CET (EUR) 2.30 AM - 4.00 AM PST (USA)	To view, please subscribe to our YouTube channel ; <a href="http://www.youtube.com/MaitriBodhParivaar">www.youtube.com / MaitriBodh Parivaar</a>
Spiritual week	22 <sup>nd</sup> - 26 <sup>th</sup> Feb	ShantiKshetra Premgiri Ashram
Mahashivaratri Celebrations	24 <sup>th</sup> Feb - 6 pm onwards	ShantiKshetra Premgiri Ashram

The following Mitr's / Maitreyi's shall function as 'Regional Events Representatives' (REPS)

## Mumbai

Maitreyi Monica  
Mo : 98203 79973

## Delhi

Maitreyi Sonée  
Mo : 98110 61282

## Bangalore

Mitr Manikandan  
Mo : 95914 27000

## Pune

Mitr Gaurav  
Mo : 95605 73908

## Indore

Maitreyi Samiya  
Mo : 70247 25555

In case you wish to organize any of the events in your region, kindly contact the REPS first. They shall guide you through the process.

## India

Baroda - [maitreyi.jagruti@maitribodh.org](mailto:maitreyi.jagruti@maitribodh.org)  
Coimbatore - [maitreyi.roopa@maitribodh.org](mailto:maitreyi.roopa@maitribodh.org)  
Delhi - [mitra.prawesh@maitribodh.org](mailto:mitra.prawesh@maitribodh.org) | 93504 15563  
Indore - [mitra.arun@maitribodh.org](mailto:mitra.arun@maitribodh.org) | 97525 31945  
Kolkata - [maitribodh.kolkata@gmail.com](mailto:maitribodh.kolkata@gmail.com) | 98306 05180  
Mumbai - [mitra.sut@maitribodh.org](mailto:mitra.sut@maitribodh.org) | 98199 46594  
Pune - [maitreyi.varsha@maitribodh.org](mailto:maitreyi.varsha@maitribodh.org) | 94220 07104  
Punjab - [mitra.shivam@maitribodh.org](mailto:mitra.shivam@maitribodh.org) | 92168 22222

## International

Austria - [info.austria@maitribodh.org](mailto:info.austria@maitribodh.org)  
Denmark - [info.denmark@maitribodh.org](mailto:info.denmark@maitribodh.org) | +4528309364  
Germany - [info.germany@maitribodh.org](mailto:info.germany@maitribodh.org) | +491775260902  
Italy - [info.italy@maitribodh.org](mailto:info.italy@maitribodh.org) | +393939897457  
Middle East - [maitreyi.manjiri@maitribodh.org](mailto:maitreyi.manjiri@maitribodh.org)  
Switzerland - [info.switzerland@maitribodh.org](mailto:info.switzerland@maitribodh.org) | +41792861137  
US - [info.usa@maitribodh.org](mailto:info.usa@maitribodh.org) | +415 418 7666

You can also send us  
your own experiences at:  
[experiences@maitribodh.org](mailto:experiences@maitribodh.org)

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[anahita@maitribodh.org](mailto:anahita@maitribodh.org)  
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