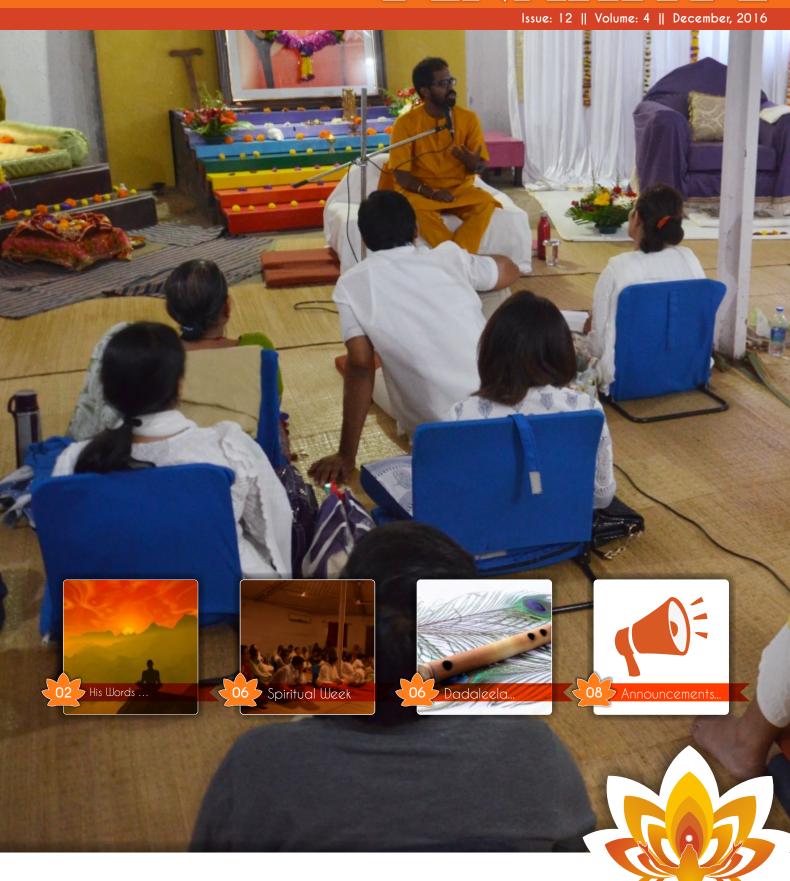
# ANAHITA



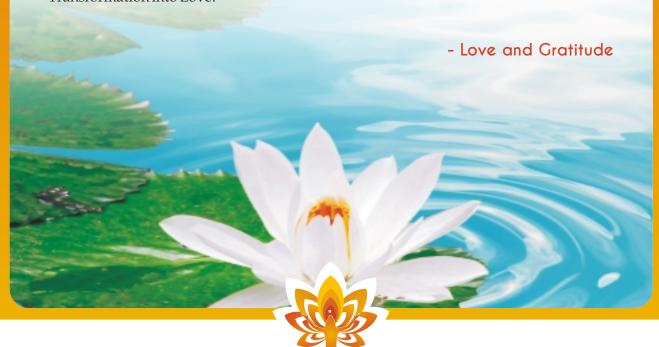
# From the Editor's Desk

#### Dear Friends,

At MaitriBodh, experiencing peace and unconditional love is not only confined to oneself but is spread across the entire globe through selfless service by our Mitrs and Maitreyis. MaitriBodh Parivaar is working tirelessly to help all experience the much needed Love and Peace with the Divine grace of our Divine Friend Dadashreeji. 'Transformation' is the only key by which humanity can tide over the present state of humanity and it can begin by just a single. The guidance of our Divine Friend Dadashreeji shall connect you to that ultimate source which lies nowhere else but within you – as your Inner Divine.

The month continued with the Bodh month that started mid-October, where spiritual seekers attended Bodh.1 sessions all over India and experienced unconditional love and peace. Maitri Diwas, a monthly gathering of all our Mitras and Maitreyis was organized in Mumbai where the direct disciple shared his personal journey under close association of our Dadashreeji. The experiences touched the faith of all present which was further deepened by the soul rendering performance by our MaitriBodh Bhajans team. This month's edition includes the experiences shared by our Mitrs and Maitreyis on their own spiritual journey.

Maitribodh Parivaar invites you to experience our Divine Friend Dadashreeji through "Awakening with Dadashreeji" where Love Incarnate Dadashreeji Himself will deliver the experience of peace and unconditional love on 11<sup>th</sup> December 2016 and 18<sup>th</sup> December 2016. Also, on the auspicious occasion of our Dadashreeji's birthday on 27<sup>th</sup> December 2016 which is called "Selfless Service Day" we celebrate Dadashreeji's Janmostav for our neighbouring villages and spread the Love of our beloved Dadashreeji. These events are organized at our Shantikshetra Premgiri Ashram. Seekers across the globe will also be able to reach out to Dadashreeji now through the upcoming "I am Love" web-series which is due to start in January. Be a part of this process and experience the Transformation into Love!



# His Words ...



I am neither a mystic nor a fortune teller, neither God. Do not categorise me in any of this. I am just you, your higher sacred self.

This is one of the most important quotes from Dada, where he has carefully explained who He is.

"I am not a mystic nor a fortune teller, neither a saint nor a sage; I am not a Guru, Master or God. Do not categorise me in any of this".

He is not a fortune teller nor a mystic because in these individuals ego is still playing an important part. Dada certainly is way beyond this. Although many of us consider him to be a saint, a sage, our master, guru and even god, he himself in this quote has asked us not to categorise Him as such. Why? This is because we have defined these words at a mental level. We have created concepts of these terms. Each may have a different idea of what these terms saint, sage, master etc. mean. Many times our concepts of these terms are impediments to our progress in the spiritual path. Hence Dada has said he is not any of those.

#### "I am just you, your higher sacred self"

With this one statement he shows how close he is to us. At once the distance between us vanishes!. What does he mean by "higher sacred self"? By this He means He is our consciousness. As consciousness He has been with us from birth, for many births. He has watched our every move but we have not watched Him. Instead we have turned our attention outwards and been led astray by our senses. But when the senses and mind gets purified, we start turning inwards. We then come into contact with Him as consciousness. Slowly the divided mind merges and gets unified with him as consciousness. This is what we want and this also what he wants.





# Awakening to Self-Realisation

3<sup>rd</sup> Nov- Kalwa, Mumbai, 5<sup>th</sup> Nov- Delhi, 6<sup>th</sup> Nov-Ghaziabad, Indore, Dadar, Thane (Mumbai), 10<sup>th</sup> Nov-Delhi, Andheri (Mumbai), 12<sup>th</sup> Nov – Bangalore, 13<sup>th</sup> Nov- Delhi, Ghaziabad: 19<sup>th</sup> Nov – Kerala, 20<sup>th</sup> Nov – Coimbatore, 22<sup>nd</sup> Nov – Vienna (Austria), 27<sup>th</sup> Nov – Moscow(Russia)

Seekers from all walks of life got a glimpse of a beautiful spiritual journey during these sessions - a desire for love and peace. The participants Bodh1 found a Guide and a Friend for life in Divine Friend Dadashreeji. Many participants shared their profound experiences. One shared that she had an amazing two way conversation during Shaktipravaah, and received very crisp and precise answers to her questions. Another felt freedom during the Maitri session and now after attending Bodh was convinced that the connection had been bestowed upon him. All those who attended went home with hearts full of gratitude for the Grace and Love they received. Participants in the Moscow Bodh were so touched and filled with love that no one wanted to leave.



Maitri Diwas was truly a day of Spiritual Celebration. It was conducted by a direct disciple of Dadashreeji who shared his journey and experiences through his own profound learnings. He shared examples that helped the participants understand the true meaning of Bhakti and Devotion - how Divinity is always present in our lives. The MaitriBodh Bhajans team led by another direct disciple of Dadashreeji deepened the experience with their soul rendering performance. The experiences shared by the participants moved many to tears and it became evident to each one that Dadashreeji is everywhere and in all. One devotee shared that while she was away overseas on her birthday, she had a vivid dream of Dadashreeji coming to wish her and blessing her. When she woke up she realised that at another level she had actually experienced His Grace and Love. The evening came to an end with the participants immersed in spiritual joy and wonder. Many who were introduced to the Parivaar for the first time decided to attend future sessions and received blessings and darshan from love incarnate Dadashreeji.





# Sambodh Dhyaan

## Bangalore and USA

A session for students of Nagarjuna Vidya Niketan was organised in Bangalore. Children are generally playful and full of energy but during the practice of Sambodh Dhyaan all were totally focused and quiet. A 15 year old boy approached the conductor asking "Sir", I don't know what happened during the process, I lost myself and couldn't hear anything after that—did I miss out anything? This is the pure expression that only children have. A few days later his mother called to inform that her son was so impressed and would like to attend more such sessions, please give me more details.



In the US, Sambodh Dhyaan in parks and via weekly Skype sessions are also being conducted tirelessly to spread the message of love. A young lady shared that during Sambodh Dhyaan she was transported back to the Devi Temple of her childhood and was tremendously touched by Dada's Grace.



8th and 24th Nov, Vienna (Austria), 26th Nov - Moscow (Russia)

A big group attended the Maitri Session held at the MaitriBodh Parivaar Soul Nourishing Centre in the US. The energy of the group was powerful with a desire for love and freedom. The assurance they received that the Divinity in the form of Dadashreeji, was guiding them to the safest place that is the home they have been searching for.

Maitri Light was also given to help people in their daily lives in Moscow. The session ended with offerings of gratitude to Dadashreeji for His Grace and Love.

# MaitriBodh Soul Nourishing Centre

in Davenport, Iowa and Anaheim Hills, Orange County, California, USA

The US chapter is growing by leaps and bounds where seekers are finding a way to connect with Divinity and Dadashreeji. At Davenport the Shrimurti Sthapna and Sankalp for the development of the cities was taken by the Mitr's/Maitreyi's and devotees, with immense love, joy, and enthusiasm. Another inauguration simultaneously at Anaheim Hills was conducted amidst chanting of Babaji's, divine mother's and Dadashreeji's mantras. Weekly meditations and chantings have been initiated where all receive Dada's Grace and Blessings in the same atmosphere as that of our Shantikshetra PremGiri Ashram, Karjat.

A Miracle On Anaheim Hills

The monthly "Gift of Kindness and Compassion" project aimed at providing food and basic utilities for the homeless witnessed a miracle with Dadashreeji's Blessings. With Dada's infinite compassion a shelter was found where the homeless collect, thus providing extra helping hands. The preparation of the meals was to be shared by another philanthropist group but at the last minute the other group pulled out thus leaving the Sevaks in a difficult position as they had prepared food for only around 50 to 60 people. But Dadashreeji wrought the miracle and instead of running out of food, with Dada's Grace 121 people were

fed instead of just 50. All partook of the meal served by Divinity—with none returning hungry. A heartfelt thank you to Dada for the continuous Love and Care He showers on all of us.

Dadashreeji's Grace continues to flow and bless innumerable souls in the US. Maitreyi's touched lives on the West Coast, in Los Angeles by offering rain ponchos, socks, clothes and other hygiene items to the homeless. On the East Coast, New York City, a Maitreyi gathered winter clothes from the hospital staff and donated it to the Bowery Mission Centre on behalf of MaitriBodh Parivaar, with a written message "DIVINE LOVES YOU" Wear Your Smile All Winter And Spread Love, thus bringing aid to the lives of the homeless where all experienced Dadashreeji as the 'Ocean Of Love'

A Spiritual Workshop was held on 4th November, for the US devotees via Skype on "Selfless Service "by our Mitr and Maitreyi from India. Participants from Los Angeles, San Francisco, Chicago, New Jersey, and New York joined and shared their ideas and experiences of selfless service.

MaitriBodh Parivaar Members organised an 'Akhand Jaap for World Peace' on November 9th and healing of the people of the US. On November 18th a Skype meditation was organised for the young people from San Francisco and Chicago which was conducted by our Maitreyi in New York. There were participants from Argentina, Nigeria and India. They felt at ease and a calm throughout the session and truly enjoyed it. The next morning a participant thanked the Maitreyi for getting her to experience this bliss that was "so amazingly different". Another young devotee shared that Sambodh Dhyaan enables her to "forget the stress of the day to day life and instead focus on the simple things that give me bliss". After the meditation she felt rejuvenated and more positive, and with heartfelt gratitude offered her love to Dadashreeji.



www.maitribodh.org info@maitribodh.org



# **Bodh Month**

Bodh month was celebrated in different cities in India. MaitriBodh Parivaar has only one purpose, to connect more and more seekers to the divine to help spread love and peace to all mankind. All the Mitrs/Maitreyis/Sevaks worked tirelessly and seamlessly throughout the month to help participants experience the love and peace they have received from Dadashreeji.

Amritsar 18th, 19th, 20th November

Coimbatore 19th, 20th November

Mumbai 15th, 16th, October 3rd, 6th-2, 10th, 13th, November

Pune 22nd October

Bangalore 12th - 2, 13th November

**Delhi** 23rd October 2nd, 5th, 6th, 7th, 10th, 12th, 13th - 2, November

**Indore** 6th November



www.maitribodh.org nfo@maitribodh.org

# Story

One day the Master watched his students practice in the courtyard.

Among all the students he noticed that there was one young man who was trying to perfect his technique but was unable to work on the specific move properly. It seemed to the Master that the young man was getting disturbed by the presence of other students. The Master sensed the young man's frustration and went up to him and tapped him on the shoulder. He questioned the young man, "What's bothering you?"

The young man replied with a strained expression, "I don't know. I don't understand why I am unable to execute the move properly. No matter how much I try." The Master replied, "Listen, before you can master any technique, you must understand Harmony. Come with me, I will explain how you can do that"

Master and student left the courtyard and walked some distance into the forest until they reached a stream. After arriving there they stood silently on the bank of the stream for a while.

After a while the Master spoke to the young man pointing at the stream, "Look at the stream. Observe the rocks in its course, does it slam them out of frustration?"

No. It will not slam those rocks but instead the stream will simply flow around them and move on. Be like water and you will know what Harmony is."

The Young man immediately understood the Master's point and went back to the courtyard to practice his moves. This time round, he focused on the move and barely noticed the other students around him. Thereafter he was able to execute the move and thus mastered the technique.

#### Moral:

If we want to achieve our Goal then we must try to harmonize ourselves and not let the presence of other people bother us.

# My Divine Friend

by Joseph Hodgett

Oh Dearest Dada, You are always there. How could i possibly forget Even for a split second? Your eyes are windows Into God's Mansion. They penetrate my heart Each time I behold Shrimurti.

> You are constantly transmitting Prem Ananda Jyoti I pray dear Friend Divine, Don't let me miss It!

Oh silly over-saturated mind of mine! You are not my enemy, But please accept your role As Heart's humble servant!

Oh astral,
Dear causal,
What lurks in your unseen depths?
Why is it so difficult
To move forward?
Your best Friend
Is holding your hand
The whole way.
He is the most Luminous Lantern
From which no darkness Can hide.

Why mind? Why fight the inevitable?

Heart wants to know,
Would you mind
Journeying back
To the Source of All Creation?
My Dear Divine Friend
Is waiting for you there,
And He has something to share...



## Divinity is here...

When I attended the Bodh II Beej Sanskaar kriya in Amritsar, I saw so much white light internally that I had to open my eyes to check if the sevaks have put on the lights. But they had not. It was internal light that I witnessed and experienced.

I decided to go to the ashram for Bodh III held in December. I was adamant that I wanted to take my husband along with me to the ashram for the processes. He has mobility issues as he has a problem with his leg. So we both have never travelled alone without some friends or children to take care of him. So my husband was very hesitant. My mother-in-law, being a staunch Sikh also refused to allow us to go for this trip. I knew that I had to take my husband to the ashram and all his karma-cutting would happen there only.

I did my part of trying to convince my family, got the flight tickets done and then surrendered to Dada. The night before we had to leave for Bombay, my husband finally agreed at 11pm so that we could take the 10am flight. This in itself was a big miracle for me. My first trip-just my husband and me, and this time, Dada was our caretaker and our company throughout. We reached the ashram very comfortably.

I also attended Bodh II again. This time in Beej Sanskaar kriya, I saw a ladder that opened out into a lot of light. There was a face at the end of this Light which I could not see very clearly. But that Light kept pulling me towards it. I cried profusely.. I felt all of Divinity present there around me-Shiv ji, Ganesh ji, Babaji, Narayan.. I knew that they were all there standing with me..

The Bodh III started and we received the ShaktiPravaah from Dadashreeji. I sat in front of Him with my hands folded as pranaam to Him. Automatically, my hands opened and came into the receptive form of receiving. I looked into Dada's eyes. His mantra kept going on itself within me and I received so much energy from Dadashreeji in that instant. I kept receiving it throughout, even when I was lying down. I also knew that there was some energy going from me to Him. I am sure He took away my bad karmas and filled me with His goodness.. I kept saying internally- Dada I am all Yours. I am what You are. It was a wonderful experience and the best part is that everything happened so naturally and on its own. I didn't have to do anything deliberately.

That night after ShaktiPravaah, my husband fell down in the ashram and hurt himself. He couldn't even move. The sevaks gave him medicine and helped him to bed. The next morning he told me that he could not get up and come to the ashram. And on this final day, Dadashreeji takes a session Himself. I was so excited for this talk. I didn't want to miss it myself and wanted my husband also to attend it because I know that just by sitting in Dadashreeji's presence, out body, mind and soul experience transformation...

www.maitribodh.org info@maitribodh.org

## Dadaleela

Somehow, he managed to come for this session. By now, he was filled with even more questions and couldn't wait to ask Dadashreeji himself. I smiled and told him that Dadashreeji will answer all your questions Himself and you wouldn't even need to ask.

Dadashreeji's talk seemed like He was talking only to me. Every line, every sentence was made specially for me. He said that He has called each one of us Himself. All our previous masters, guides and angels who have been looking after us have sent us to Him at the ashram.. He told us to stop delving on the past and start afresh with no malice or pain for anyone.

He asked how many of us were repeating Bodh II. I somehow did not raise my hand. He looked at me and said you do not need to repeat Bodh III. Come for Bodh IV straight. Once Dada finished talking, He opened the session for questions. I asked my husband to ask his questions. He simply said- I don't have any questions now. He answered all of them.. Since we have come back, my husband has also been experiencing Dadashreeji's Grace every minute of his life, in many ways.

At the end of the Bodh III, in gratitude, I sang this bhajan for my Dadashreeji, my DivineParem patolā tai sėh ditā dhakan kū pat merī.

(O Lord, You have given me the silk gown of Your Love to cover and protect my honor.)

Dānā bīnā sai maidā Nānak sār na jāṇā terī. ||1||

(You are all-wise and all-knowing, O my Master; Guru Nanak: I have not appreciated Your value, Lord.

| | 1 | |)

I have understood that all one needs to do is simply keep talking to the Divine within. You may call the inner voice Dadashreeji or whatever you want, but the truth is that He is That and He takes care of us like a child and guides us every moment. All we have to do is call out to Him.

**Dadashreeji Namo Namah** - Neeru Arora, Amritsar

## The Vision

In a dream, I met with an accident, which created a clot in my brain. To get rid of the clot, the doctors operated on me. This surgery made me lose all memory of this life. My parents were very worried. They discussed all of the world's best medical experts where they could take me to be treated. Losing my memory had made me completely uncivilized. I behaved like a rogue. While my family was debating on the world's best doctors, my sister suggested that I be taken to Dadashreeji's ashram in Karjat and that only He can treat me.

So I was taken to ShantiKshetra Premgiri Ashram. Dadashreeji sat on His aasan(sacred chair) in the dhyaan mandir. He asked me, "who are you?" I had no reply.

He hit me with a stick on my left shoulder. I was sent away.

The next day Dada met me and spent some time with me and this went on for many days. I was made to stay at the ashram for fifteen days and gradually, my condition started improving. I started behaving more refined and well cultured.

By the fifteenth day I had slowly slowly regained all of my memory and had become a proper human again.

Dadashreeji blessed me and I was sent back home.

I woke up feeling very fresh and rejuvenated.

This entire dream was so vivid and clear in my head as if I had undergone all of it, as if all of this had taken place at some level.

I understood internally that this world has lost the true meaning of their selves.

We have lost understanding and knowledge of our actual being and Dadashreeji is here as the spiritual doctor to heal us all and help us realise our truly cultured, enlightened, awakened selves. It is only Dadashreeji who can heal this entire globe from the false understanding of self and bless us all with self-realization.

I had the wonderful opportunity of sharing this dream with Dadashreeji Himself when He visited Amritsar for Bodh II in October. Dadashreeji clarified that I had seen a wonderful vision which was true for the world.

My brother, Angad, who happened to be there, asked Dadashreeji, "how do we know if a dream is a random dream or a vision".

To this Dadashreeji explained that there are three types of dreams.

First is that created out of the mind. These dreams have sequences, which are random, not connected to each other, and we forget about these dreams very soon after waking up.

The second type is that where we complete an experience in our dream which was left pending in our real life. In this type of a dream, we experience the emotions very strongly and the impact of this dream stays with us for quite a while.

The third type of a dream is a vision. In this, all the sequence of events happen in an orderly fashion. This is not created out of the mind and very powerful messages by the Divine are passed to us for the betterment of an individual or a group of people or all of humanity, per se.

I understood that my vision was a message to be shared with all those working with or being benefitted through MaitriBodh Parivaar. Dadashreeji is here to help salvage us all from Kaliyug and lead us to the Peace Age. Dadashreeji, we thank you for Your unconditional Love for us all and for coming down to take your children back home with You.



## He knows best

One evening I received a call from a drug and psychiatric rehab centre to attend to a young female patient who had some medical issue. Once I reached there, I was told that the patient had some psychiatric problem and at that time, she was very violent. She had just attacked two female workers. So, her movements were restricted, binding both her hands and legs to the bed. I was asked to be careful while examining her.

I entered her room and introduced myself to her saying that I am her doctor and here to help her. She refused to talk to me and repeatedly shouted at me to get out of the room.

Somehow I realized that she probably doesn't have any medical issue but it was something deeper which was troubling her. I kept my hand on her head and saw tears flowing from her eyes. And this was the time when I prayed Dadashreeji to intervene and heal the young child with His Grace.

I just followed the few steps of The Maitri Light, praying to Dadashreeji for the healing she required. And I asked her to tell me everything which was troubling her. Now she started crying and asked me to free her from restriction. Though the caretakers didn't want that however on my request, they freed her.

I held her hands and she started crying and shared many things for about 5-6 mins. But to my astonishment, I could not remember a single word which she said to me. The only thing I remembered is that while I was holding her hands I was saying " you just feel the love your dad used to give you. That love is filling inside your heart. Just close your eyes and you would feel his touch"

She hugged me and kept on crying for long time. I thanked Dadashreeji for choosing me as the medium to give her that grace which she had been longing for.

Out of curiosity, I asked the care taker where her father was and whether he comes to meet her. To my surprise, I was told that her father had expired 3 years before and since she was very attached to her father, she had developed this psychiatric ailment after his demise.

Speechless, I left thinking Dadashreeji is here to deliver unconditional love to His children in the exact form they want.

- Meenu



## Dadaleela

## The Test

I've heard a lot of people sharing their experiences with Dadashreeji-mystical, magical, supernatural and what not. I sat and wondered why I never experience any of these in my life.

I know I had noticed commendable change in my nature after Bodh II. I had become more independent and self-reliant. I didn't seem to need anybody else in my life. I used to talk to Dada sometimes in my head and I could see Him around me. He didn't ever talk but His smiles used to keep changing. Sometimes it was naughty, sometimes serious, sometimes just happy and loving. He used to answer to me with His smiles. We had a unique relationship and He was indeed my Divine Friend, with me at all times. After Bodh III, I had again noticed certain drastic changes in my nature. I started expressing out my suppressed anger and other emotions. I know He was making me lighter within but I think after that I stopped experiencing Him in my life.

I prayed to Dada to help me experience Him better.

I had to go for a driving licence test. I was taking this test for the first time and had been warned that the authorities have become very strict. Standing in the queue to take the test, the guide showed us what all we had to do.. I decided for myself that there is no way I am going to remember to do all these steps and pass. Two people took the test before me and both of them failed. I was the only lady in the entire queue and the two boys in front of me who had been driving for so many years had failed. I sat in the car for my test, told Dadashreeji "You have to pass" and I started driving. I did as we were instructed and came out of the driving unit. I stopped my car to ask the guy when I could come again for the test. He told me to park the car outside properly and come to get my picture clicked for the license. I was shocked-what??? I had passed the test in the first go?? It was impossible.. Feeling very proud, I got the picture clicked and came back home.

I shared with my sons that I had cleared the test and received the driving license. They were both shocked because they also had heard of how difficult the test had become.

As I sat in bed that night, I realised that I had so casually and unknowingly spoken to Dada to pass the test as if He was going to take the test and not me. And I also realised that I still speak to Him whether I do it deliberately or not. Or maybe He, sitting within me, makes me speak to Him so that He can help me further..

I truly acknowledge now that Dadashreeji is my Divine Friend who takes care of me without me making an active effort to stay in touch with Him. Even when I don't bother to be connected with Him, He, like a true friend, stays connected with me and looks after me always..

- My true friend, my Divine Friend Dadashreeji...

With love, Maitreyi Pammi



www.maitribodh.org 12 info@maitribodh.org

## Grace Day & Selfless Service Day Celebrations

Let us celebrate this month through an act of service by each one of us. Selfless service is one of the core values of our parivaar something each of us has been following. The simplest act of service brings profound transformation. It is only through selfless service that you become a part of the divine, there is no other way.

Join us as we celebrate 'Grace Day' on 25th Dec 2016, to commemorate Guru Ma's birthday as 'Krupa Diwas' and 'Selfless Service Day' as 'Anandotsav' on 27th Dec 2016, to commemorate Dadashreeji's birthday at Shantikshetra Premgiri Ashram.

## Krupa diwas (Grace day) -25th Dec'16

The following activities are planned at ShantiKshetra Premgiri Ashram on the occasion of 'Krupa Diwas':

- 1. Coloring competition for 2yr to 10yr children with crayons, a participation certificate will be given to all.
- 2. Tree pledge each one save one.
- 3. Tulsi plants will be given to all with a pledge to take care of it as their sibling.
- 4. Felicitation of 10th pass outs of 2016
- 5. Inauguration of women employment program
- 6. Inauguration of the 'Wall of Grace' wherein, needy ones can come and take things as per their requirements without permission. We plan to start with blankets, clothes, shoes and utensils. In our endeavour towards the same, we humbly seek contribution from our parivaar.

## Anandotsav (Selfless Service Day) - 27th Dec'16

To celebrate Dadashreeji's birthday, villagers from Jamrung and 6 other villages are being invited for the following programs:

- 1. Specialized medical camp orthopedic and opthalmic camp through H induja hospital along with technicians from H induja hospital.
- 2. Maha bhandara Through out the day from morning till night, prasadam will be distributed to everyone including breakfast, lunch and dinner.
- 3. Bhajan sandhya
- Lavanya ji and her team will be singing devotional songs and bhajans followed by kirtan from Jamrung bhajan mandali.
- 4. Talk about Dadashreeji by Madhuraji
- 5. Mass prayer and Maha-aarti at Shaktipeetham

For more information please contact: 9967633770



# Upcoming Events

International Bodh	5th - 18th December	ShantiKshetra Premgiri Ashram, Karjat
Awakening with Dadashreeji	11th Dec 2016 2.30 pm to 7 pm & 18 <sup>th</sup> Dec 2016 10 am to 2 pm	ShantiKshetra Premgiri Ashram, Karjat Contribution 5700/ INR For registrations please contact North India- 9216822222 West India-7718805555 East India- 9830605180 South India-9591427000
Grace Day (Narayani Maa's Janmotsav)	25 <sup>th</sup> Dec 2016	ShantiKshetra Premgiri Ashram, Karjat For more information please contact on:
		9967633770
Selfless Service Day (Dadashreeji's Janmotsav)	27 th Dec 2016	ShantiKshetra Premgiri Ashram, Karjat For more information please contact on: 9967633770
Maitri Diwas	17th Dec 2016	Mumbai

The following Mitr's / Maitreyi's shall now function as 'Regional Events Representatives' (RES).

Mumbai

Maitreyi Monica Mo: 98203 79973 Delhi

Maitreyi Sonee Mo: 9811061282 Bangalore

Mitr Manikandan Mo : 95914 27000

Pune

Mitr Gaurav Mo : 95605 73908 Indore

Maitreyi Samiya Mo: 70247 25555

In case you wish to organize any of the above events in your region, kindly contact the RES first. They shall guide you through the process.

#### India

Baroda - maitreyi.jagruti@maitribodh.org
Coimbatore - maitreyi.roopa@maitribodh.org
Delhi - mitra.prawesh:@maitribodh.org | 93504 15563
Indore - mitra.arun@maitribodh.org | 97525 31945
Kolkata - maitribodh.kolkata@gmail.com | 98306 05180
Mumbai - mitra.sut@maitribodh.org | 98199 46594
Pune - maitreyi.varsha@maitribodh.org | 94220 07104
Punjab - mitra.shivam@maitribodh.org | 92168 22222

#### International

Austria - info.austria@maitribodh.org

Denmark - info.denmark@maitribodh.org | +4528309364

Germany - info.germany@maitribodh.org | +491775260902

Italy - info.italy@maitribodh.org | +393939897457

Middle East - maitreyi.manjiri@maitribodh.org

Switzerland - info.switzerland@maitribodh.org | +41792861137

info.switzerland@maitribodh.org | +41792861137 info.usa@maitribodh.org | +415 418 7666 poems or spiritu questions email u anahita@maitribodh.org will selected ones will

You can also send us your own experiences at: experiences@maitribodh.

For articles, stories, poems or spiritual questions email us at: anahita@maitribodh.org Selected ones will be published in our future issues.

www.maitribodh.org 14 info@maitribodh.org

# Pearls of Wisdom

Q. "Am I as an individual complete in myself, or do I need someone or something else to complete me?"

#### Dadashreeji:

Yes, you were and you are complete as a being. There is absolutely no doubt about it. It is like an outer hard coat of a coconut asking another nearby coconut, "how could you have nourishing Divine water within you and I don't?" It replies, "You and I are one, both carry the water Divine." This is what exactly reflects in your spiritual journey. Hard outer coat of the coconut signifies your conditioned, misguided and restless mind.

Even if you happen to know or hear or read that you are that pure consciousness, you fail to experience it by your own efforts. Having the Divine within yet being unaware, you look for it outside in the world and strive to possess it. You forget to realise that someone and something is within you.

Now, the next query is, how to experience it or feel complete within? Your ignorant self or false 'I' doesn't allow you to connect to the inner pure-Divine consciousness. In one way, it builds a huge and firm wall between your mind and the Divine. To be precise, your conditioned mind, ego, and attachment block your path to experience your true nature. The most difficult and hard part is the spiritual ego. The more you try to deal with it, the stronger it becomes. Hence, considering your inability to experience your 'inner Divine' due to your mind's play, you have to think of another way to be there.

However, it is still possible to experience that pure-Divine within. It happens very rarely once in an age or in thousands of years. And, then you categorise them as 'special beings' i.e. 'Incarnated ones'. Don't get into it to know why, as this will be your next query, helpless that you are by the nature of your mind. Nevertheless, know this as a Divine play! If you experience that truth effortlessly within knowing that you are Divine, you will be considered as an 'incarnated being'.

If not so, the only way is to find that Divine outside. This is why many of you look for that Divine in statues and forms which is absolutely fine and natural to begin your journey with. Only someone who is experiencing that Divine within or is in that higher realised state, can guide you. His presence, Grace and guidance will help you to connect to your inner Divine. Annihilating false conditions, ego and attachment, He liberates you to experience Divine Union and that is true-unconditional Divine Love.

Everything is at peace, in truth and soaked in Divine Love.

My friend, "Love is your true nature!" Experience Love! Give Love! Be Love!

Love and blessings, Dadashreeji!



www.maitribodh.org info@maitribodh.org