

## From the Editor's Desk

Dear Divine Souls,

The MaitriBodh Parivaar is working tirelessly on the path of spreading the message of Unconditional Love and Selfless Service across all parts of the globe. Though Dadashreeji in one of His interviews said that He is born in India yet He truly belongs to the entire world. With this one thought His children are working in India, Europe, the Middle East and the US to bring succor and hope to those who have lost their inner connection to the Divine.

Bodh 2 which had till now been conducted in the Ashram was conducted in the spiritual city of Amritsar in North India. Mitrs, Maitreys and Sevaks had been chanting and conducting havans for well over a month to recreate the ashram energies to help facilitate the smooth bodh 2.

Elsewhere in India and abroad more and more spiritual seekers attended sessions of Maitri Light, Sambodh Dhyaan and Bodh. The Aarohan centre in New Delhi has been conducting havans every Thursday and Sunday thereby enhancing the spiritual energy of this great city. Come and be a part of the holy and sacred ceremony.

Seekers in Russia, many parts of Europe and the US have partaken of this wondrous fruit of love and bonded strongly with Dadashreeji. They have not found any restrictions in their spiritual journey rather they seem to have been waiting for long for the Master to arrive to guide them on their journey through life. Experiential not theoretical knowledge of Love and Grace are Divine Friend Dadashreeji's form of direct contact with your heart. Such is this connect that experiences abound of seekers struggles for years giving way to peace and love once touched by Dadashreeji.

Seekers who have been touched through the Shaktipravaah received during Bodh-The Awakening are now eagerly awaiting to attend the Bodh 2-Purification and Bodh 3-Walking the Path Divine which are being held each month at the Ashram. Experience peace and joy by attending Bodh 1. To make it easy for you the coming month has been declared as the 'Bodh Month' with Bodh 1's being conducted across many locations simultaneously. International Bodh's have been declared to be held in the month of December for seekers from Europe and the US. Details on how to attend and contact details are given on the back cover.

Dadashreeji's message which seems each month to be addressed uniquely to each reader will give deep insight and joy in this edition. You will enjoy and be enthralled at the experiences which are being shared from across the globe. Dadashreeji is helping everyone in all possible ways in many countries. Come and join us render selfless service and feel the unconditional love emanate from deep within you. Experience and enjoy life to the fullest and connect to the Divine within with the help and Grace of Dadashreeji.

- On behalf of MaitriBodh Parivaar

# ANAHITA

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Monthly e-Mag from MaitriBodh Parivaar



Cover pictures: Awakening to Self Realisation (Bodh.1) and Purification (Bodh. 2) in Amritsar, India for the first time.



MaitriBodh

# His Words ...



*I follow all the natural laws of this universe and respect them. I expect the same from you.*

*- Dadashreeji*

## *What are the laws of this universe? How do we perceive them with our limited senses?*

Here is a list of some of these important universal laws.

- Everything is interconnected and part of **'One Whole'**. This truth is experienced when you are aware and follow the outcome of your own thoughts and actions. When you are aware of the consequence of everything you think and do, you realise that you are a small (but important) part of the 'Whole'.
- Every object has its particular energy and vibration. Not unlike potential and kinetic energy. **Thoughts and desires** are also important forms of energy!
- We create our own world with our thoughts, feelings, words and actions. All these are forms of energy.
- **Action** is important. Even inaction is action. Energy (in the form of desire) is needed for action to take place. Every action has consequences and reactions - all of which we may not be able to fathom at that particular moment in time. Hence always act in the **Spirit of Renunciation**.

Always offer the thought, action and reaction at His holy feet.

- Everything on earth has a **masculine** and **feminine** gender. This is needed for creation to take place.
- Everything in nature flows in a **cyclic** manner. Everything comes and goes - to only come back again, for energy cannot be destroyed. It only gets transformed.
- **Selfless love** is what moves the world. It is the highest form of energy. Selfless love is the cause of creation. Dada has said **even electrons and protons are bound to each other by love!**

(It is called bonds in Physics!)

- Everything is in a constant path back towards the **'Source'**. However each is at different stages on this path.

This is an important quote from Dada. A lot of awareness is needed to understand and experience what He means. This is a short list of some of the laws. There are definitely other laws that are yet to be experienced. This will happen through His constant Guidance and Love for us.



## Purification (Bodh. 2) in Amritsar, Punjab



*Under the Grace and Guidance of Dadashreeji,  
Bodh.2 was conducted outside Premgiri Ashram for the first time  
and the experience was simply sublime for all present.*

Amritsar, as the name suggests symbolises the Divine Nector of the Gods that connects you with your eternal self, and this was the experience of each participant who attended BODH.2 'Purification'. For the first time ever, this 2 day spiritual session was conducted outside of our ShantiKshetra Premgiri Ashram this October.

For our Punjab sevaks, this meant non-stop preparation and complete commitment and each one shone with the responsibility entrusted to them. They experienced a shift in energy days before and visible signs of a city preparing itself to welcome Divine Friend Dadashreeji started to manifest. One devotee incharge of accommodations, saw for the first time in his life, a pure white eagle, come and encircle the area, as if in inspection for his masters arrival. The bird is considered as a sign of blessing. He later again witnessed a coiled snake in the lawn, sitting peacefully and looking around and disappearing as suddenly as it appeared, resembling in features with the famous Sheshanaga - in Hindu Mythology, the mighty serpent on whom Lord Vishnu rests. With such signs, the city was abuzz with preparations for the sacred process to be held.

With 62 participants, the retreat began on a glorious morning at the MaitriBodh Centre in Punjab on 15th October. Right from the moment the participants stepped into the hall, they felt the shift, the change

in energies, an inner calmness spread across the faces of the entire group. The sevaks in Punjab joined by sevaks from all over India to help and assist in this landmark moment for the parivar, worked as One team with a singular purpose - to help each participant experience the LOVE, PEACE, BLISS that they had experienced in their lives with Dadashreeji.

At the time of Shakti Parvaah, all sevaks felt as if they were transported to the ashram. The energies were as powerful and serene as in the Dhyan Mandir. One of the sevaks who was helping the Shakti Pravaah receivers to go to their seats said that she herself could so strongly feel the energy as she touched each seeker lightly that she was amazed at what the seekers would be receiving. A lady from Delhi shared that she had fractured her two fingers a week before and was taking pain killers thrice a day as she could not bear the pain. As she was boarding her flight to Amritsar, she forgot to carry her medicines with her and was in immense pain. She could hardly sit through the flight. As soon as she reached the venue of Bodh.2, she forgot about the pain and by the end of Bodh.2, her finger had started moving also. In Shakti Pravaah itself, her bandage had become loose and was already coming off.

*Continued on next page...*



Guru Paduka Abhishek



Dadashreeji Havan



Participants at the Bodh

Then came the moment that forever changed the lives of each participant; a special Darshan of our Divine Friend Dadashreeji. From the moment He walked in, the profound shift in each individual's heart, was easily visible as none remained dry eyed in the hall. Everyone cried unabashedly, at this joyous reunion with their Divine. He imparted great wisdom with simplicity and ease, that flowed through straight to their souls. His profound teachings captivated the listeners completely, taking them to higher dimensions. He asked everyone to be natural and true to themselves, for being spiritual is being natural, and said that the only way to the Highest Truth is to go inwards, connect with the Divine within. One spiritual seeker, who was a Vipassana follower shared that she had come to just experience the programme and had a lot of questions in her mind, but the moment Dadashreeji walked in, all her questions vanished as though unimportant and answered. She was feeling blessed and was immersed in the feeling of Love that spread through her.

***“Sangataan de  
karat aap khaloya,  
har kam karavan  
aaya Ram”.***

(He Himself stands there when we work for humanity. For each and every work, Himself comes Ram.)

This best illustrates what took place in North India. As each sevak worked selflessly and tirelessly to help connect people to their Inner Divine, to make sure they had a blissful experience, each realised that it was actually His hand at play. All they did was physically arrive and be willing for Seva, the actual work, the entire process and the participants experience was nothing but Dadashreeji's Love and Grace manifesting.



# MaitriBodh Parivaar's Journey continues through the United States (Month Four)



The Church in the US opens its doors to MaitriBodh Parivaar

With Dada's Grace we were guided to return to the beautiful town of Bozeman for a second time in two months where MaitriLight, Sambodh Dhyaan and Bodh sessions were conducted over eleven continuous days. Dada's Grace and Love flowed into seekers hearts as reveled in His blessings session after session.



Sambodh Dhyaan at Unity Church

## Testimonial from the Reverend Philip, Unity Church, Bozeman

During the Sambodh Dhyaan Meditation, I experienced Dadashreeji's grace through the Mitr and Maitreyi conducting the session. To me it was Dadashreeji who was Himself conducting the session. We were fortunate to have a session conducted in the Church on the 'Art of Prayer'. Though I have personally been conducting prayer sessions for last 20 years, it was for the first time, I understood the essence of prayer in the simplest possible way.

I am a cancer survivor. After the chemotherapy and radiation my appetite was lost. I requested the Mitr to pray for me and help overcome the loss of appetite.

Within a span of a few weeks my appetite has become much better and I have actually put on weight. Gratitude is a very small word for this blessing which has been bestowed upon me by Dadashreeji.

I have been touched by Dadashreeji's blessing during Bodh 'An Awakening 'at our church and ever since I have been sharing the Art of Prayer and Bodh teachings in my sermons with my parishioner's loving the practical teachings immensely.



Bodh at Unity Church



## Testimonial from Reverend Brenda, Unity Church

I offer my gratitude for six hours of Dadashreeji's blessings through Maitri Light in our Church. We had a wonderful experience of Maitri Light and after you left there was a feeling of pure Peace about the building that still lingers there today. It seems to me and a few others *there is a "light" in our church that wasn't there before.*

I had helped a lady move some furniture and things earlier that day and was in some burning pain in my shoulders and neck. By the end of the Maitri Light session I could feel the pain receding and in a few minutes it was all gone. I was so relaxed I was nearly limp, what a blessing. Afterwards I received a call at the church that one of our long time members had transitioned home to God and when the Mitr heard of this he came to me and took my hands and prayed for her safe journey home to the ONE! It left me knowing that she was finally healed and whole once again and in a much better place...

I missed the Sunday session due to a call for more work, which pays well and I really thought I needed the money more, which turned out to be a big mistake on my part. The day was extremely trying and the woman I worked for, was very angry all afternoon to the point I finally left all the while beating myself up for not going to the Bodh-Awakening to Self-Realization which they had offered to me at no charge after hearing of my finance challenges. Just goes to show that money can get in the way of healing and happiness. However I was given a second chance as the next

morning was energy circle meditation which I did attend and found my peace once again. I will always be grateful to these lovely souls for coming into my life just when I needed them. I pray for all of you every day and I know that the day will come when we will meet again. Blessings to you who do this wonderful spiritual and healing work.

~

With many Blessings and much Love  
Brenda Watson



Maitri Light at Unity Church



## Meditation in the American Rockies

We set out early one morning determined to take Dadashreeji to the famous 'M' sign up in the Montana Rocky Mountains and meditate with Him. Though the climb was tough and it took us almost an hour of puffing and panting Dada kept encouraging us till we reached our goal. Thereafter despite the cold wind we were transported back to our Ashram at home in Karjat and at His feet as we sat in thanksgiving prayer, chanting and meditation. Thank you Dada for your continued presence in our lives.



## ~ Dadaleela ~

I'm Robin in Montana and back in August, I first met the Mitr and Maitreyi sent to Bozeman by Dadashreeji. Their presence deeply touched me as did their message. I love the simplicity - love and awakening our divine connection. Best of all, they are the message - both embody pure love, joy and peace. My husband Gregory and I attended several events when they were here for just a few days. The seed of going to India was planted and they both seemed to clearly see us there.

To all of our surprise, they returned to Bozeman in early Oct. and we were blessed to have them in our home.

A few days ago, Gregory was meditating and asking Dada to let us know if we were to go to India. The next day, I was on the phone with another friend, Randy who called to ask how much the retreat in India was. I had no idea. We talked about asking Dada for support to get to India if we were to go. During our phone conversation, I did something I normally wouldn't have done - opened a piece of mail from a very close friend who's mother recently passed. In the card, her mother said to send me a



*Grace in a Mail...*

gift after she passed so I can continue to send cards like I did to her for many, many years. In the card was a check for the exact amount required! We later found out that that would cover the costs for both my husband and myself. It's now time to make the plane reservation :)

Thank you Dada! We will be honored to meet you in December - much love to you.

~

Robin Blanc Mascari  
Bozeman, Montana

# ~ Dadaleela ~

## Divine Timing...

My wife Lori and I attended Bodh 1 in 2015, and we were excited for the opportunity to attend again this year. I was planning to attend Bodh 2 and 3 at the ashram when it was financially and chronologically convenient, perhaps in a few years, but then after repeating Bodh 1 there was a greater desire to move ahead in our spiritual journeys sooner, so we began praying to Dada to make it possible for us to attend this December. The biggest obstacle was finding a way to pay for it.

According to the policies of my employer, I should have been paid a sum of money 6.5 years ago for developing certain valuable technologies, but despite my repeated attempts to get them to follow through, there were always excuses and delays in the way. One high level manager in particular was providing most of the resistance. At the monthly intellectual property committee meetings he was always giving reasons why the payment should be delayed.

Two weeks after we began praying for it, it just so happened that this particular manager was out of the country on business at the next intellectual property committee meeting. The issue was raised again before the board and someone suggested that the company policies were clear and payment should be rendered without further delay. A cheque request was created and went around for the required signatures. Since the manager was out

of the country, a delegate was assigned to sign documents on his behalf, and thus the cheque request proceeded without issue. There were still other signatures required, but at another meeting amongst upper management an individual spoke up in support of the issue saying that this had gone unpaid for too long and should be remedied immediately. All of the other signatures were thusly gathered quickly and a few days later I received a surprise call to come pick up the cheque. It was just the right amount to pay for our plane tickets for the trip.

In hindsight, I now know that if the payment had been received prior to now, it likely would have been used for another purpose and that it came at the perfect time to make this trip with a higher purpose possible. This experience serves as a reminder that ***Dada holds us in His hands and guides our lives for our highest good in ways that are not always obvious or understood by us.*** We are immensely blessed and thankful for the opportunity to come once again before His lotus feet.

Dada Sharnam!

~

Mitr C.J.

*He will take care  
of us ...*



One night suddenly my husband woke up at night. He had some negative thoughts in his mind. We live alone as our children are settled abroad. He wondered that if some problem arises what will we both do. Who will take care of us? As he closed his eyes and he saw Dadashreeji. It seemed as if Dadashreeji was conveying to him that He will take care of us. My husband was not even a devotee of Dada at that time. He had only seen Dadashreeji's *shrimurti*. He was very surprised yet very relieved to have been graced by Dadashreeji in this vision. From that day onwards my husband is a changed man. After a few days Bodh 1 was conducted at our house. Surprisingly, he did *seva* and even attended the Bodh. Now he is very happy and carefree. That evening we received news that his pension which had been stuck for years had been approved. Thank you Dadashreeji for coming into our lives. You have transformed us.

~ Kamal Grewal, Ludhiana





## Knowing your Inner Guru ...

I first read about Dadashreeji in the 'Life Positive magazine'. I became eager to meet Him. As I already had my Guru in Rishikesh, I harboured some reservations- because of which, I kept postponing my visit to the ashram. In the meantime I told a couple of my friends who were in search of a Guru about Dadashreeji - however one way or the other, none of us went to Karjat thus depriving myself from even hearing about Dadashreeji from anyone. Consequently my desire to meet or hear about Dada was not fulfilled over the last 2-3 years though I kept reading on the website about Him which resulted in my desire to meet Him increasing day by day.

On 17th September my Guru left His body and I felt that I had been orphaned. I felt that I was still not mature enough to connect with my 'inner guru'. I decided to visit the ashram and attend Bodh 1 and 2 which was planned for 23<sup>rd</sup> to 25<sup>th</sup> September 2016. While driving to the ashram I came to know about Mahakali's abode in the ashram from one of the programme volunteers. It got me a bit curious since I have had strong faith in Maa Kali for a long time. The moment I entered the ashram I had my first darshan of the mother in her temple. I felt a strong sense of affinity with Maa Kali. I felt an immensely strong energy current flowing within the temple.

During the ShaktiPravaah session in Bodh 1, I was in a meditative state. I was blessed with a darshan of Maa Kali where I saw her standing at the place where temple is situated. She was 30 feet tall and moving around with a very slow pace, looking far and beyond. This powerful vision would not have happened without Dadashreeji's Grace.

During Bodh 2, a Mitr spoke about a disciple whose Guru had told him that he would soon meet a

'realized Master'. On the 7<sup>th</sup> day, the disciple met Dadashreeji in a programme. This particular story of the Mitr struck a chord deep within me as this story was so similar to mine. In my case too my Guru left his body on 17<sup>th</sup> September and within a span of 7 days I met Dadashreeji.

On the second day of Bodh 2 during the 'Sambandh Beej Sanskar', I felt as if plant shoots were emerging out of my body and slowly I had become a huge banyan tree which was being watered and nurtured by Dadashreeji. Moments later, I saw my departed Guru and Dadashreeji standing together in front of me. I was at their holy feet. I remained in this state

for a while and was able to communicate with my Guru. It was so real that I offered PadPooja to my Guru (worship of His Lotus feet) with my tears. The agony of being orphaned by my Guru's departure was over. I realised that **Guru resides inside ones being and instead of looking outside, one should look inside.** Instead of being engrossed with the Guru's physical form I realised the truth about the Inner guru in such effortless manner that I am indebted to Dadashreeji.

Subsequently my strong longing to meet Dadashreeji also receded to such an extent that I felt His constant presence inside my own being. That has been my biggest lesson from the session. Although I still feel that the Guru's physical presence does wonders but the presence of the Guru inside guiding me is equally true.

Now looking forward to attending Bodh 3.

~

N.P, Pune



~ Dadaleela ~

# Love is the Way !

Being a feminist for most of my adult life, marriage brought many challenges. From household responsibilities to managing finances, I tried to bring in equality between my husband and myself. Sometimes the urge to attain balance and not get dominated, pushed me too far leading to unrest in our relationship.

*KarvaChauth* has been one of these points of conflict (internal and external). Though my husband never asked me to follow these customs but other family members expected me to do so as a dutiful wife by observing a fast for my husband's long life on *KarvaChauth*. My education and the knowledge that I had accumulated over the years told me that this custom was wrong in its very conception; as it pushes a woman's status further down in society. While I kept the fast and did the necessary rituals- as expected, my feminist beliefs gave rise to a conflict within me; a conflict between my beliefs and my actions. A conflict that made me question my own identity because of the thought that my beliefs made me the person I was. The conflict also manifested in the physical realm in the form of differences of opinion between my husband and myself. This is often the case with most people in most situations. We do things that we are expected to do but because we don't believe in them it creates unrest and conflict in our beings and our relationships.

By Dada's Grace, this *Karva Chauth* was different.

A few days before the fast, Dada opened my heart, filled it with love and gave me the wisdom to carry out this fast as a Prayer, a *Sadhana* for a loved one. Dada guided me to take part in the rituals as an act of selfless service towards another soul. The prayer that I offered was for the physical wellbeing and spiritual growth of a fellow soul who is playing the role of my husband in this lifetime. With each

moment I sought Divine Grace to bless his journey in life.

Had Dadashreeji not been in my life, could I have acted in the way I did? Could I have thought of a ritual as an act of selfless service and carried it out with so much love for the growth of another soul?

I don't think so.

***Dada doesn't just talk about inner transformation; He gives it to us as an experience.***

As a Maitreyi, it is my duty to carry each act as an act of Unconditional Love and Selfless Service and Dada actually helped me experience this in my own home. It is easy to act selflessly during a *Bodh Seva* because the ambience and energies during the process are conducive in doing so. However the true test of our faith is when we listen to the 'Divine Voice' and Guidance within us in our daily life.

Thank you dear Dada, for silently working on me because I can now see the transformation within me which you have been working on me for a long time.

Thank you Dada, for helping me understand that ***Unconditional Love and Selfless Service aren't actually separate.***

I thank you for making me see that it is only through Love that conflicts can be resolved, perspectives can be changed and every act becomes an act of true, selfless service towards others.

Thank you for showing me that Love is the way and the ultimate truth.

~

With deepest gratitude towards the Divine,  
Maitreyi Kanika



# ~ Dadaleela ~

He knows what is  
best for me !



It's been a while (almost more than 6 months) now that Lord Dattatreya also known as Datta Guru has been giving Darshan's to me. Every picture that I see is His, whichever temple I go to turns out to be His, one dedicated exclusively to Lord Datta. I see Him in Dada and Dada in Him. Every time I see Dada He appears as Lord Dattatreya (in full form with three heads). Dattaguru is everywhere.

Another strange occurrence is that, I too have developed an affinity and love towards Him and my love for Him has been deepening with each passing day. Though I wondered as to what was going on, I knew internally that there had to be a reason for this. I decided to go with the flow.

A couple of weeks ago, I received a call from a relative. She mentioned that she had been consulting an astrologer who was very experienced and knowledgeable. His advice to her and her entire family bore great fruit. Therefore out of love and affection for me she consulted him for me as well. I was totally taken aback on hearing this, since I had never felt such a need ever since I'd met Dada. I knew that whatever came my way was by His will and all that I had to do, was to accept it and go with the flow. Nevertheless out of respect I listened to her. She mentioned that the astrologer had advised me to visit the temple of Lord Dattatreya every Thursday along with some offerings for Him. I just

couldn't believe my ears. Oh My God!!!!Dada, Dadaaaaaaa..... this was all that I could say with tears flowing down my face uncontrollably. It was an ocean of varied emotions – love, gratitude, feeling blessed, stunned, and numb. I was speechless! My Dada had taken the form of Lord Dattatreya and had been giving Darshan's since that was the need of the hour for me.

Thank you, thank you, thank you...Dada!

All I know is that my Guru/God, 'My Dada' is silently watching over me, ever protecting and guiding, since **He knows what is best for me (not just me but each one of us)!**

God manifests in the form of a Guru as a response to our soul's desire. Like they say **'When the disciple is ready, the Master appears'**. He takes full responsibility of the shishya/devotee, monitors him every second and guides him in the journey of true inner transformation.

~

Can't thank you enough Dada!

Love you eternally!

V.M, Pune



## Friendship with Studies

Dadashreeji always has a special affection and emphasizes on the need of nurturing the young buds i.e. students. The best way to build a bright future is by helping the young ones build happy relationships with themselves, others and studies.

Keeping this in mind one of our Mitrs with his enriched teaching experience conducted an enlightening session consisting of five easy steps called 'Friendship with Study' for students of the 10th Grade at Gujarati Samaj School.

"The Maitri Session on the 4th of October '16 at the MBP Soul Nourishing Center in Vienna was a very special meeting with friends. We were strongly connected with our Divine and beloved friend Dadashreeji. This connection guided us through the evening. Dadashreeji is giving us his knowledge. His knowledge about how transformation is possible. Transformation does not happen like a hurricane or a drum roll. It happens very softly and gently - like an autumn breeze. It is a transformation which happens through our hearts, because only our hearts fulfilled with love can change the world. Dadashreeji also says, that our souls only develop through real experiences. On this special evening we got the experience of feeling the effect of our love through prayers and meditation. At the end we had the opportunity to give interested seekers - Maitri light. Maitri Light is a very unique energy transfer from our divine friend Dadashreeji with us as the medium through which His Grace flows. We thank you Dadashreeji from the bottom of our hearts for your guidance, your Love and your Grace!"



## Divine Deluge

Thank you again for saturating this sleepy burg with the Divine Deluge:

Deluge,  
Torrential flood of Light and Love,  
Carrying our darkness away.  
This is You Dada.  
You are the Divine Deluge.  
All our impurities  
Are washed away.  
You, the Rushing Current,  
Swept them  
Into the Ocean.....

~

Joseph Hodgitt  
Davenport, Iowa

## Seva

My dearest Dada dear ,  
Why do I have this urge to do all this seva for you Dada ?  
Do I have some motive? Any goal? Any end point in mind?  
My mind says No.

Then my heart flutters and my eyes swell up with tears because  
Dada all that I do,  
is what I enjoy most doing.

It is for my Dada dearest...  
It's for pure love and that like me -  
I pray more and more may experience your innocent pure love-  
the most beautiful feeling I have ever experienced!

~

Dadashreeji Sharnam  
Cecilia Fernandes, New York City, USA

*The following Mitr's / Maitreyi's shall now function as 'Regional Events Representatives' (RES).*

**Mumbai :**  
**Monica Panandikar**  
**Mo: 98203 79973**

**Pune :**  
**Gaurav Malhotra**  
**Mo : 95605 73908**

**Delhi :**  
**Sonee Singh**  
**Mo : 98110 61282**

**Indore**  
**Samiya Kaur**  
**Mo : 70247 25555**

**Bangalore**  
**Manikandan**  
**Mo : 95914 27000**

In case you wish to organize any of the above events in your region, kindly contact the RES first. They shall guide you through the process.



# MaitriBodh events conducted in October, 16

## Awakening to Self Realization (Bodh. 1)

8<sup>th</sup> and 9<sup>th</sup> October in Bozeman, Montana  
(USA)

9<sup>th</sup> October in Jaipur, Rajasthan (India)

14<sup>th</sup> October in Amritsar, Punjab (India)

15<sup>th</sup> October in Thane, Mumbai (India)

16<sup>th</sup> October in Andheri, Mumbai (India)

16<sup>th</sup> October in Winterthur (Switzerland)

22<sup>nd</sup> October in Pune (India)

23<sup>rd</sup> October in Gurgaon (India)



*Bodh 1 in Jaipur*



*Maitri Session in  
Dadar, Mumbai*



*Bodh 1 in Andheri, Mumbai*

## Purification (Bodh. 2)

15<sup>th</sup> and 16<sup>th</sup> October in Amritsar, Punjab  
(India)

*(for the first time)*

Seekers have been experiencing transformation and abundant Grace in these experiential sessions. Participants have been receiving Grace in the form of pure bliss and peace.

*The light that has been re-kindled as seekers have rediscovered the connection to their hearts.*



*Maitri Session  
in Vienna*



*Bodh 1 in  
Switzerland*

## Maitri Diwas

1<sup>st</sup> October in Mumbai (India)

23<sup>rd</sup> October in Pune (India)

*Maitri Diwas in Mumbai*



*Bodh 1 in Pune*



## Maitri Session

4<sup>th</sup> October in Vienna (Europe)

9<sup>th</sup> October in Dadar, Mumbai (India)

16<sup>th</sup> October in Goregaon (W), Mumbai  
(India)

22<sup>nd</sup> October in Colaba, Mumbai (India)

Through these session participants have been receiving answers on queries like, how to live life and finding peace within.



*Bodh 1 in Thane*

# Choose Happiness !



Once, a King was riding in his palanquin through town, looking through the curtains at the scurrying people. Suddenly, he saw a Dervish sitting alone in the middle of the crowd, smiling and looking happy about something. The dervish was dressed poorly and despite the saucer for hand-outs and a road script he had nothing else besides him. The King road past him and soon forgot what he saw.

After a few days, the King had to go through the same way again, when he saw the Dervish yet again, completely happy, dozing with blissfully closed eyes.

The next day, the King chose the same way on purpose, to see if the Dervish was in his place. Once again the Dervish seemed the same. Intrigued, the King went the same way almost every day and each time he found the Dervish in the same Blissful spirit.

Finally, unable to stand it anymore, the King came out of the palanquin and addressed the imperturbable Dervish with these words, "Why are you always smiling? Almost every day I see you here and it seems that you are absolutely happy."

"Exactly, my Master." said the Dervish with a smile.

King was surprised and asked, "Why are you happy? Do you have any money?"

"I don't have anything, my Master. Maybe during the day a little bit will be given by passers-by for food."

"Do you have a home or a family?"

"Neither this nor that. I wander the world as the wind."

"Maybe then, you have good health?"

"Absolutely not, my Master, as my bones ache often from the cold of the night and almost all of my teeth have fallen out."

"What makes you so happy then? Tell me. Maybe your recipe for happiness will be useful to me. I have everything, but I'm unhappy."

The Dervish replied "God never sends more challenges for a person that he can handle. He burdens a person only with those circumstances, which at that moment, are most useful for his development. The circumstances in which the person is – is the place for spiritualization. I accept that the best thing for me now is what I am, where I am and what is happening with me. I accept it with gratitude and a smile. If necessary with resistance and patience, and if possible, I try to understand what God is trying to say to me with it and in which direction I should move for my spiritual development. The realization of it doesn't make me absolutely happy, but I have a clear horizon opening in front of me, free from the curtains of doubt and filled with the sunny light of awareness."





## Dussehra Bhet 2016



***Dussehra Bhet was celebrated with the Bhaav (feeling) of deep Love and Gratitude for the Divine on 11<sup>th</sup> October, 2016 at ShantiKshetra PremGiri Ashram, Karjat***



# Upcoming Events

MaitriBodh Parivaar lovingly invites you to,

## MaitriDiwas

A day of Spiritual Celebration

Rejoice and experience  
**Love and Grace.**



Be a part of **Spiritual Learning**  
that helps you **Grow.**

Connect to your **True Self**  
Through a powerful  
**Meditation Process.**



Learn from direct disciples of  
**Divine Friend Dadashreeji.**



Experience a day sweetened with  
**Dadashreeji's Blessings.**



Date: 13<sup>th</sup> November, 2014 | Time: 5 – 7 pm (IST)

Venue: Chembur (East), Mumbai

[www.maitribodh.org](http://www.maitribodh.org) | <Facebook> Dadashreeji - MaitriBodh Parivaar | [SpeakingTree.in/Masters/Dadashreeji](http://SpeakingTree.in/Masters/Dadashreeji) | Blog: [dadaleela.wordpress.com](http://dadaleela.wordpress.com)





# Upcoming Events

## Bodh Month

### \*New Delhi\*

**10th November** , Thursday 10 to 2pm

E- space 277, Nirvana country, sector50, Gurgaon.

Tel : 9958255009

**12th November**, Saturday 3 to 7pm

A64, park place, golf course road, Gurgaon.

Tel : 9811061282

**13th November**, Sunday 3 to 7pm

Max city club house, ramprashta greens, vaishali,  
Ghaziabad, near vaishali metro station.

Tel : 9811280465

**13th November** , Sunday 2 to 6pm

B- 60, 1st floor, sushant lok 3, sector 57, Gurgaon.

Tel : 9833075979

### \*Bangalore\*

**12th November** , Saturday 10:30-02:30pm

Add: Hall Paradigm, 12th Avenue, A Sweet Hotel, A  
unit of M/S Krishna Sumukha Ventures, 614/615,  
12th main, HAL 2nd stage, Indira Nagar, Bangalore.

Contact: 9987696703

**12th November** , Saturday 6 -10pm

Add: 25/5, Shri Ganesha Nilaya, Mohan Raj Building,  
Bhuvaneshwari Nagar, Sultan Palya Main Road,  
Bangalore , Contact: 9986852200

**13th November** , Sunday 2 -6pm

Add: 98, Prestige Oasis, Adde Vishwanathapura  
Road, Rajanakunte, Bangalore. Contact: 9987696703

### \*Mumbai \*

**10th November**, 3 to 7pm

Add:1601, Raval Tower, Sundervan Complex,  
Andheri West Mumbai 400053 Contact: 9820286100

## Maitri Diwas

**13th November 2016**, 5 – 7pm (IST),

Chembur (East), Mumbai

## Spiritual week at ShantiKshetra Premgiri Ashram

**Awakening to Self Realisation (Bodh.1)**

23rd November, 2016

**Purification (Bodh.2)**

24<sup>th</sup>, 25<sup>th</sup> November, 2016

**Path Divine (Bodh.3)**

26<sup>th</sup>, 27<sup>th</sup> November, 2016

## International BODH

**5<sup>th</sup> – 18<sup>th</sup> December at ShantiKshetra  
Premgiri Ashram covering Bodh 1, 2 & 3**

## VEDS

**3<sup>rd</sup> December, 2016**

Hilton Mumbai International Airport,  
Mumbai

## I am Love

The first of the sessions will take place on  
**14th January 2017**. To know more please  
subscribe to our **MaitriBodh Parivaar Channel**  
**on YouTube.**

## India

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**US** - info.usa@maitribodh.org | +415 418 7666

*You can also send us your own experiences, articles, stories, poems or spiritual questions. Selected ones will be published in our future issues. Mail us at: [anahita@maitribodh.org](mailto:anahita@maitribodh.org)*

While Dronacharya was teaching secret and rare knowledge of archery to his students, Shon, Karn's brother spied on them, hiding behind a tree. Amazed by Arjun's perfect hit at the bird's eye, Shon rushed back home to teach the same lesson to his dear brother, Karn. During the night time, he hung a bird rotating around for Karn to aim at. Without mentioning much, he asked Karn whether he could see the bird. Karn replied that he couldn't see anything. Wretched Shon expected 'an eye' as an answer to his question. He kept repeating the same question but sadly, received the same reply.

Heartbroken Shon, in despair, asked Karn to hit the eye of the rotating bird. Karn released two swift arrows in succession. Shon was stunned to see that his brother had hit both the eyes of the bird in the dark. Shon emotional and elated, praised his brother for his gifted ability and humbly enquired how he could hit both the eyes. Karn revealed that with his 'awakened inner eye', he could see and hit both the eyes as Shon didn't specify which one. This story conveys limitations of the material approach and that 'inner awakening' is beyond reproach.

Your inability to find cause for your internal unrest and struggle worsens your suffering. You are able to please your mind momentarily but not consistently. You find restlessness within and out, individually and collectively. Not knowing what is happening and why, you act disorderly, missing the purpose of life. A confined material view makes you see only one side of reality like Arjun whereas the evolved comprehensive view of Karn reveals the unseen and uncharted reality.

Here, We humbly share a Divine Truth that "the cause of suffering is the lack of love." Individual, social and global unrest is the result of this. The only remedy to heal the individual and the society is to help connect all to the 'internal ocean of eternal love'. Embrace this truth and get liberated to experience internal freedom!

The path of MaitriBodh is your personal path to connect to your inner true self.

You are love!

Love and Blessings,  
Dadashreeji