

From the Editor's Desk

Dear Divine Souls,

“Arise, Awake and Stop Not until you reach the Goal” Swami Vivekananda had exhorted almost a century ago. Today our Divine friend Dadashreeji is inspiring every person who comes into His orbit to walk the Path Divine to establish ‘The One World, The One Universal Community’ that the Great Ones have envisaged for us. Each Mitra and Maitreyi who believes in this Grand Vision, have made it their own path and are working tirelessly to make it a reality. Like the powerful waves of the Ocean they are working in every city, country and nation to reconnect the lost link of ‘bonding once again to the Divine’ through various programs: Maitri Diwas’ in various parts of our country, Maitri Sessions in many parts of Europe, US and India, Maitri Light sessions in various cities of the US and in India. Social work continues like Raksha Bandhan for the inmates of Tihar Jail, and Project Tejaswini a Self defence training for women at SIWS College, Wadala in Mumbai to name a few.

Sages of ancient India had said that the strength of any organisation is the penance and austerities that they practice and what better penance than Akhand Jaap in the modern age. Akhand Jaap of Dadashreeji’s Mantr generating tremendous positive energy for the healing of Mother Earth. The cool showers we are experiencing all over India must be the Divine blessings to the people’s prayers. This was followed by our spiritual sessions, ‘Bodh’ at various cities across the country and abroad in Europe and the US. People participated in large numbers and received grace and blessings of the Master. Many people expressing their gratitude for getting an opportunity to be part of the wonderful and sacred process of Shaktipravaah. The festivities of this month concluded with the Independence Day celebrations at the Sneh Sanskaar Gurukul at Jambrung village near our Ashram.

The coming month of Sharad, is packed with activities, with the Navaratri (nine days of prayers), prayers to Maa Kali at the Shakti Peetham with Havans (fire sacrifice) and Pujas, concluding with the Dusshera Bhet celebrations – a beautiful meeting with Divine Friend Dadashreeji.

In this edition, we also have a heartwarming experience of Divine Guidance, shared by a Maitreyi. Enjoy reading this edition as we surge forward, towards our goal with the guidance of our Divine Friend, Dadashreeji. Follow us on the various links to know more about our activities. More than just following, it would be absolutely marvelous if YOU join us in this great endeavour!

- On behalf of MaitriBodh Parivaar

ANAHITA

Volume 4 | Issue 9 September 2016

Monthly e-Mag from MaitriBodh Parivaar



Cover pic:
Meditation with Divine;
Live with Divine Friend Dadashreeji



MaitriBodh



Love is all we have; the only way that each can help the other. The moment you have in your heart this extraordinary feeling called love and feel the depth, the delight, the ecstasy of it, you will discover that, for you the world is transformed.

- *Dadashreeji*

Love is pure energy. Love is what led to creation. Love made unity into diversity. Love is what sustains this world. Love is what causes further propagation of the world. The depth of love cannot be easily gauged. Actions which were thought to be impossible are easily accomplished through love. The ecstasy that one feels when one has this feeling is due to the union of souls. If at all it can be described, it can be described as bliss.

As Dada says "Love is all we have". However we need to remove the shackles we have imposed on ourselves to experience it all the time.

Wish

- *Maitreyi Shraddha*

Wish I was a flower being offered at the lotus feet of Dada

I wish to become a garland; I would be put around Dada's neck

Wish I was every place on which my Dada sits

I wish to become Dada's padukas I would have taken him around

Wish I was fragrant chandan I would have adorn his forehead

I wish to become water to quench my Dada's thirst

Wish I was the air which goes in and out of Dada's breath

I wish to become your smile Dada and shine on your face

Oh! Thank you Hari, for making me become love

Now I stay in Dada's heart forever

Oh Hari, do I need to wish for anything else if I spend every moment with Dada?



The inner voice

My Dada - "Look in the shop to the right."

I stepped out of the store and looked in the shop to the right. Like Dada had spoken, there he was.

I walked up to him and asked him to check his pockets in case my pen drive had fallen into them.

He looked at me bewildered. Putting his hands in the pockets of his pyjama, he said, "Why would I take your....?"

Before he could even finish his sentence, he felt the pen drive in his pocket and took it out. He was speechless and looked at me innocently.

We deciphered that when I was handing over of the pen drive to the shopkeeper, I had let go of it before the shopkeeper could catch it and it had slipped into the man's pyjama pocket.

I was just so relieved to find my pen drive that I took it from him and hurried back to the previous store to get my printouts.

I remember, I had once asked Dadashreeji in a session how to know for sure if the inner voice that we hear is that of the mind and imaginary or really from the heart. He had answered that the voice in the heart or that of 'inner Dadashreeji' is very soft yet strong. It does not repeat and is hard to miss.

I have since experienced 'His' voice many times while conducting a host of His sessions and for personal guidance but still question myself if it is really 'Him' or my imagination.

This experience made me believe completely that the voice I believed to be His was truly His, because my mind could have never known where to find the pen drive or the man after he had walked out of the store.

How Dadashreeji listens to each word of each child of His, replies to us for every problem and cares for us like we are His most precious. Only He knows!!

The ways of the Lord are incomprehensible. He created the world and created man in His image. He watches from above and also resides in the hearts of all His children from where He guides all to love and care for each other, who are all in fact, HIM.

Oh Dada, Your Leela!!! Always in gratitude
At Your Lotus Feet!!

Recently, I had gone to a stationery shop to get printouts of a few documents. The shopkeeper was behind the counter and there was a man standing between the shopkeeper and me. I had to strain my arm to hand over the pendrive to the shopkeeper. As I passed it, it dropped. I looked down at the floor on my side of the shop, to search for it, but couldn't find it. The shopkeeper searched on his side to see if it had fallen there. It had not. Both of us were perplexed as he clearly saw me handing it over to him and I knew very well that I had it in my hand while passing it on to him. Yet, both of us could not find it anywhere.

Meanwhile, the man who was standing between us left the shop and the shopkeeper's helper came and searched thoroughly for the missing pen drive with me. All of us were completely at our wits end. Where could it have disappeared to, right in front of us?

I was starting to get worried as it had certain very important documents in it, which I did not want to lose. Very naturally, I called out to my internal Dadashreeji and asked Him to help.

Very strongly, my Dadashreeji replied, "Check in the pocket of the man who was standing between you and the shopkeeper." I was stunned.

Me - "Dada, how can I check some random man's pocket?"

My Dada - "Check his pocket."

I asked the shopkeeper's help to ask that other customer to check his pocket. He was equally puzzled over how he could ask someone to check the pockets of his trousers as I was simply handing the pen drive to him. The other man had no role to play in it.

He told me blatantly that he would not check the man's pocket. I agreed with him but my Dada spoke so sternly that I could not ignore His voice.

I looked around and could not find the man anywhere as he had already left minutes ago.

- Maitreyi Anjita



Meditate with Divine Friend Dadashreeji



The first Global initiative of MaitriBodh Parivaar



10th September '2016 was an auspicious day when seekers all over the globe tuned into MaitriBodh's live streaming from Switzerland and underwent a profound meditation process, in the Presence, Grace and direct Guidance of Dadashreeji.

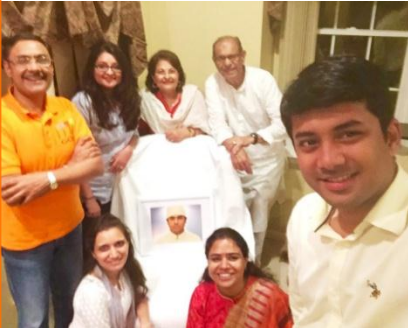
Seekers experienced His Grace during this event, as they moved beyond their physical and emotional bodies to higher states of inner awareness and peace.

Radiating with the power of love - the world came together to meditate as ONE. To experience the true state of One Consciousness!

Experiences have been myriad. One participant got up and asked fellow participants to join hands with them to help serve humanity. She said that the message was so clear... Our Masters are on the same path of Selfless Service and spreading Love and Peace. We are 'ONE'. There was a strong Oneness felt by one and all. A seeker saw Lord Ganesha's form while another saw violet and golden light dancing/in motion. Tears rolling down their eyes many were speechless feeling profound peace and calm within.

Words fall short to express the experience that all went through collectively. It was Divine Bliss. The Silence wasn't empty but full of answers, beautiful answers from our Divine.

Thank you Dadashreeji for connecting with souls and guiding them on the path that leads to the Divine!!!



Maitri Bodh Parivaar - journey through the U.S.



"A new family has been created in the mountainous beautiful city of picturesque Bozeman, Montana (US) and in the hustle and bustle of Chicago.

"We flew into the town of Bozeman in Montana late at night. When we reached the house of our host a large shrimurti of Dadashreeji greeted us with a proclamation 'Come Meditate with me'.

"We had planned for 2 Bodh sessions at Bozeman but through our fortnight stay we had conducted 4 sessions.

"Each day was a wonderful one. The people were really moved by the Maitri Light process. People came out of curiosity and ended up with calling their friends, families, neighbours and later even their children. A young couple dropped in in one of the sessions. They said all they had was 15-20 minutes. But, after the Maitri light session, the couple were in a daze of love. They simply lay down on the sofa and then stayed on for the next 3 hours. The two felt that the session was just love and they too had become love.

"During one of the Bodh sessions, a sevak witnessed two angels of golden light who descended at the side of the Shaktipravaah medium and stood blessing the participant till the Shaktipravaah was over. She was shocked, exalted, spellbound and delighted at the sight.

"A lady recently widowed attended the Maitri Light session. During the session she felt her deceased husband received the energy and was liberated to the Highest. She immediately requested for a shrimurti of Dadashreeji and shared that she was in constant communication with Dadashreeji.

"We were given an opportunity of conducting Sambodh Dhyaan at the Unity Church at Bozeman where wonderful souls came together to meet us. The Patriarch of the Church was so full of Love and

Light at the end of the session that he spontaneously said that the church was filled with Divine Love – a true union of Jesus, Mother Mary and Dadashreeji.

"At the end of our trip in Bozeman, all participants got together for a follow up session and so blissful were they that they all united through the process of Shakti Mandal that they did not want to leave and felt bonded together as a close knit family.

"Two Bodhs were planned for Chicago and as we left we had concluded three. The amazing stories and experiences at the Bodhs, Maitri Light sessions and Sambodh Dhyaan sessions have truly created a new family of friends in Chicago.

"A group of young artists invited us for a Sambodh Dhyaan session at their home. After the session they were in a state of utter peace within. One participant shared during the Maitri Light session that her partner was getting healing as she was being healed herself.

"At a Bodh session, a participant stated that he was in an amazing space of love. He stated that he saw Dada holding his hands and telling him to continue walking and that He and his entire family would be looked after with no further reason to worry."

- Mitr Chetan



Peace Within . . . Nature retreat

Music . Meditation . Nature



Connect to your own true nature by being in connection with Mother Nature

***Peace within Me is Peace within You,
Peace within You is Peace within Many,
Peace within Many is Peace within Nature,
Peace in Nature is Peace in the World.***

-Dadashreeji

- Peace is what all participants felt while nestled in a cozy cottage in the Alps. With a river gushing by and large fields overlooking snow capped mountains, the spiritual retreat saw them spending time outdoors, with themselves with the sounds of birds, gushing water and the loud silence of the mountains for company.

The retreat, a special offering my MaitriBodh Parivaar, helps in truly connecting with oneself and nature. It allows a person to understand that they are a part of this large ecosystem and are also made up of the 5 base elements. It is in the nature of nature to Give. Similarly it is in the nature of humanity to give. The retreat helps individuals to get reminded of who they truly are and be one with it. All experiences during the retreat with the Grace of our Divine Friend Dadashreeji, helped them to flow with their body, mind and soul connected us ONE to their surroundings.

The first ever Fire Ceremony took place as an offering with prayers for Peace and Harmony in the world. Various spiritual processes helped them go deep within themselves, feel a deep sense of Peace. By the end, everyone felt in sync and ended with a musical evening chanting Dadashreeji Mantra as a Thank you to Him for giving this wonderful opportunity.



Our *Spiritual* events

Awakening to Self Realisation (Bodh.1)

7thAug - Amritsar | 13thAug - Pune & Winterthur

15thAug - Thane | 21stAug - Amritsar Central Jail

28th Aug - Coimbatore | 30th Aug - Jalandhar

Seekers have been experiencing transformation and receiving abundant Grace the form of pure love and bliss. In Pune, one of the participants saw an ever smiling, expanding form of her favorite deity Ganesh while another felt positivity and Divine energies the moment she entered the venue. Another participant felt himself slipping away into *Shoonya Stithi*, the state of absolute nothingness. One elderly lady who had attended Bodh in Thane shared that she was able to sleep peacefully immediately after the Shaktipravaah – something that she hadn't been able to do in years. Participants in Coimbatore connected with Dadashreeji as their son, brother and friend. The strong presence of Dadashreeji & Mahavataar Babaji was experienced by one and all.

Maitri Diwas

7thAug - Thane | 21st Aug – Mahim

The participants enjoyed a thrilling QnA session on Seva and role of sevaks. Bodh participants got clarity on the spiritual doubts they had and how to implement Bodh teachings in daily life and thereafter practiced Chakra and Sambodh Dhyaan.

Maitri session

11th Aug, 18th Aug – Chur (Switzerland)

In the beautiful session, various topics including those on barriers to acceptance, how we influence our beloved ones, where do we intervene into lessons of others, what can we do when we see other people suffering were discussed. It was truly amazing to see strangers interact and open up. As it poured outside, hearts melted within and thus a new bond of friendship was born.

Akhand Jaap

MaitriBodh Parivaar organised a 12-hour Akhand Jaap for 'World Peace and Harmony' for entire Humanity suffering due to terrorism and natural calamities across the world. It went from 9am to 9pm 14-Aug from 9am to 9pm. This was a Global Event with participants from India, Europe and the USA participating in large numbers connected via Skype.

Maitri Light

The special Prayer and Blessing Session was held for the first time in the State of Aargau and many regions within India.



Our *Social* events

Raksha Bandhan

17th Aug at Tihar Jail, New Delhi

This is a bond of protection that a brother vows for his sister but this Rakhi in Tihar saw the inmates wanting this bond with Dadashreeji, seeing a brother, a friend in Him and asking for His protection. When presented with an option of choosing to tie a Rakhi to our Divine Friend Dadashreeji or to get it tied by the Maitreys, most of the inmates chose to tie the Rakhi to Dada because of the bond they had with Him.

The most beautiful things in the world cannot be seen or touched, they can only be felt with the heart and Dada's essence is such that can only be felt with heart. It was heart-touching to see how inmates from all religions came forward and bowed down and tied the Rakhis to Dadashreeji's *shrimurti*. All of them spent a few moments with Him and prayed to be in His protection.

Project Tejaswini

3rd Aug - SIWS College, Mumbai

MaitriBodh Parivaar conducted a workshop on women empowerment through self-defence at SIWS College at Wadala which was attended by over 200 enthusiastic women participants. Sensei Shivaji Pawar conducted the Workshop which guides women to gain confidence in their daily life through self-defence. All the participants went home with a sense of accomplishment and satisfaction. They were all grateful to MaitriBodh Parivaar for taking this initiative.

You can also send us your own experiences, articles, stories, poems or spiritual questions.

Selected ones will be published in our future issues. Mail us at: anahita@maitribodh.org



Independence Day celebration

15th Aug - Sneh Sanskaar Gurukul, Karjat

The children of *Sneh Sanskaar Gurukul* at Jambrung Village, Karjat celebrated Independence Day at the School with their teachers with lots of enthusiasm. The celebrations started with singing the National Anthem followed by Flag Hoisting.

The kids looked adorable dressed up as Gandhiji, Jhansi Ki Rani, Savitribai Phule and other freedom fighters. The celebrations ended with distribution of food. All the kids went back home with big smiles on their faces and love for the country in their hearts.



India

Baroda - maitreyi.jagruti@maitribodh.org

Coimbatore - maitreyi.roopa@maitribodh.org

Delhi – mitra.prawesh:@maitribodh.org | 93504 15563

Indore - mitra.arun@maitribodh.org | 97525 31945

Kolkata - maitribodh.kolkata@gmail.com | 98306 05180

Mumbai - mitra.sut@maitribodh.org | 98199 46594

Pune - maitreyi.varsha@maitribodh.org | 94220 07104

Punjab - mitra.shivam@maitribodh.org | 92168 22222

Abroad

Austria - info.austria@maitribodh.org

Denmark - info.denmark@maitribodh.org | +4528309364

Germany - info.germany@maitribodh.org
+491775260902

Italy - info.italy@maitribodh.org | +393939897457

Middle East - maitreyi.manjiri@maitribodh.org

Switzerland - info.switzerland@maitribodh.org
+41792861137

US - info.usa@maitribodh.org | +415 418 7666



Awakening (Bodh.1) in Chicago

At a Bodh session in Chicago, a participant shared her experience: After her father's demise and low mental state she was unable to share her grief with anyone. Yet after the Bodh she felt that all the dark clouds were lifted away by Dada's love and grace. That same night she had another experience. That night she saw herself in her old ancestral house. Dada was present wearing white as were some of her family members. Dada greeted her with a warm and welcoming smile and asked her to sit in front of Him. He placed His hands on her head and immediately a silver arrow came out of her body which then turned into a thin line and disappeared thereafter. The Dada spoke to her in Hindi "... all your problems are over and all your needs will be fulfilled". She does not understand Hindi, yet was able to understand and actually repeat the full sentence. When she told her mother she was stunned to hear that Dada had told her during Guru Purnima that He would communicate with her in a dream and though she was not aware of it actually took place. She now feels as she has been reborn and blossomed.

Awakening sessions in US

During my first Shaktipravaah, I did not experience or feel anything unusual, except I did have a mild headache the entire next day (which is unusual for me). However, when I had my second Shaktipravaah (several days later) I did have several unusual experiences. Approximately halfway through that second Shaktipravaah, I felt as though my entire being started to float upwards from the base of my skull as if I were a feather or dry leaf drifting up from a strong fire. However, that fire had no heat to propel me upward, only light. I continued to retreat upward to a very great height until it seemed that I had travelled beyond the moon's orbit. During that movement backwards/upwards, I felt as if I could have progressively seen other houses, then roads, cities, countries, oceans, etc, if I wanted to look, but I was interested only in the light source. While I was lying down after that second Shaktipravaah, I did not sleep but was in that drifting stage which often comes prior to sleep. I visualized a large, white cloud in a deep blue sky over some mountains, a view that I have often seen in Montana. I felt that my body (still in the prone position) was tracing the border between the large cloud and the blue sky, almost as if I was being used to draw the cloud. Then I realized that my prone body was just the tip of a very large pencil or paint brush that was indeed being used to draw the cloud. I am a very left-brained, analytical engineer who is not prone to such images, so at this point my brain kicked in and started analyzing (i.e., who is holding the other end of the brush, what does it mean that I am being used to draw something), and I fell out of the moment. I was later told that I might have been in astral state.

In my third Shaktipravaah (one week after the first), the primary sensation was complete timelessness. I cannot tell you whether it lasted 2 seconds, 2 days, or 2 weeks.

Peace Within Retreat

A Life Changing Event

As in the ancient days we were learning from within and from the nature. It felt like being in a sacred land where the gospels were thought. So we were 15 women and men in the beauty of the Swiss Alps experiencing the essential and fundamental world wisdom from ancient India.

I felt like a disciple who was blessed to learn about the truth of the nature of life from Love Incarnate Dadashreeji who took birth at the point of inflection to transform humanity. I realise this privilege more and more with each passing day.

For me personally, he is not a master, guru or teacher in a traditional sense like one knows Indian masters or gurus. He is far beyond that. Dadashreeji is an avatar, a physical manifestation of Divinity.

What I write is just my personal experience and I claim nothing beyond my perceived truth. Sometimes, it pains me that so many people do not really recognise who Dadashreeji truly is. How much their life could change and transform if they decide to embark on this inner journey with Divine Friend Dadashreeji!

What makes Peace Within the Nature retreat so special is that after the teachings about the nature of the true self, the body, meditation or OM chanting there was a deep energetic process in which divine energy transfer took place. Today I have no adequate words for to express what happened during these transmissions.

An energy filled the room around and in myself. I can only describe it as pure, absolute, sweet Divine light nectar and a warm and tender love. We were sitting in a circle and I sensed the finest crystalline vibrations in the entire room... the presence something big was felt and then there was silence and I met myself. I'll never forget that experience of the Divine in me.

After that experience we all went wordless to sleep, one with our soul and one with Divinity. Dadashreeji was there the whole time. His presence was clearly felt, since he sits in our own hearts, where he transforms the Divine spark into a blazing fire.

- Manuela Harrison

Upcoming Events



Purification (Bodh.2) with Awakening to Self Realisation (Bodh.1)

The Purification (Bodh.2) Process is a systematic, progressive and effective way to expunge or cleanse unwanted, grievous, detrimental, traumatic and other dormant impressions of your subtle body which have blocked your path of growth. Experience cleansing at the deep subconscious plane (chitta) and experience true freedom in life.

The sacred process of Purification is taking place for the first time outside our ShantiKshetra Premgiri Ashram in Punjab – an answer to the prayers of many who could not make it to the Ashram. Don't miss out on this opportunity to free yourself from past blockages and experience a value-based and inner-voice guided life.

23rd-25th September | ShantiKshetra Premgiri Ashram

14th-16th October | Amritsar, Punjab

For registrations or more information:

North India - 9216822222

West India - 7718805555

South India - 9591427000

East India - 9830605180

Read more about the Purification process and its significance in Divine Friend Dadashreeji's own words:

The purification process is a systematic, progressive and effective way to expunge or cleanse unwanted, grievous, detrimental, traumatic, rotten and other dormant impressions of your subtle body which have blocked your path of growth.

Depending on levels, purification is of three types i.e. Physical, Psychological and lastly the deep subconscious level. As you move within from one level to the other, the process becomes slower but more powerful. For the first type, the physical body has its own natural mechanism to wipe away all that is not required. On the psychological front, the mind also has the ability to purify itself from irrelevant and unwelcome accumulated thoughts energies during sleep. Although, one possesses natural processes to cleanse oneself, one is unable to use them to their maximum potential. A proper mindful diet and relaxing deep sleep would provide you with a healthy body and a happy mind.

Deeper than these layers is a deep subconscious plane, called the 'chitta' where all your core values, ingrained impressions and unique traits are recorded. To understand it simply, this is where you, as a unique character are defined. This inner plane influences your mind and further, your body in unison. You are hardly able to access this deep plane in these days of competition and survival in the game of life. One may inherently feel or get connected to this level 3-5 times in a day. There are no other active processes one can practice on their own, to free oneself from past burdens or blockages. Hence, this deep layer remains largely unexplored, unattended and untreated.

This is exactly where the purification processes help you cleanse and remove the dirt of the past and thus experience true freedom in life. Processes that are done here are well structured, intense and conducted in a way that slowly and steadily release you from these blockages.

'Beej sanskaar' is one of the intense processes that sow the seed of Divine intelligence within you. One starts experiencing a truly worth-noting, value-based, conscience-driven and inner-voice guided life. You just need to follow the basic preparation as advised by our friends while participating in these processes.

We conduct the purification process specifically for the deep subconscious plane (Chitta) and not for the body or mind directly. However, these integral and endogenous transformation processes further spontaneously unfold positive outcomes externally. When you dive deep into your inner world, there is a sudden and huge release of energy. The past latent memories surface up to your awareness. Consequently one may experience transient disturbances in the mind, which subside later into a deep silence. You may feel being light within as if something unwanted has been released from within you. There is an upward shift in the energy – strengthening you mentally and emotionally. Notable post this process is that your perception towards similar situations and people changes. You deal with the same unchanged, challenging events but with solutions, zeal and calmness. These are a few markers that you will witness during the purification process although not limited to the aforementioned alone.

Remember, the only worthwhile challenge in your life – is to change your Self. The rest is baseless and a waste of time.



Upcoming Events

The word asur (demon) can be seen as 'the one who remains engrossed only in enjoying mundane pleasures of life'. These actions give rise to real demons such as ego, sorrow, greed, jealousy, and so on. Starting from the first day of Ashvin, nine days of worship is offered to the Divine Mother AdiShakti Mahakali, the source of energy, to help emancipate us from the trap of demons by helping us realize the illusory form of the Demons. The Divine Mother is worshipped for nine days of Navratri, and the victory is celebrated on the tenth day 'Dashmi' and is called Dussehra.

Navratri Celebrations

Get an opportunity to be a part of the **Navratri Celebrations** at ShantiKshetra Premgiri Ashram and participate in the daily ancient and sacred process of

Havan

with a prayer to Divine Mother to help cleanse you of all the unwanted blockages and make you realise your own True Nature.

The Havans can be personal or Samuhik for one Sankalp for an individual or for a family.

To request your own personal or Samuhik Havan, please call us at : **9350415563 / 8655042813**

1st-10th October at

ShantiKshetra Premgiri Ashram

And on the day of **Dashami**, celebrate Dusshera and experience the Joy of Giving and Sharing in the Divine presence of Dadashreeji in

Dusshera Bhet

11th October at

ShantiKshetra Premgiri Ashram

Dusshera Bhet is a rare opportunity to take the **darshan of Divine Friend Dadashreeji**, and an even rarer opportunity to receive **bhet** (gift) from His hands. All are welcome to this joyous occasion of receiving and sharing Love with the entire humanity.

OFFERINGS / CONTRIBUTION

We are in the process of making grand preparations for puja and *archana* at the lotus feet of Devi Maa (Mahakali). Please contact Mittr S Das on: 09717924324/ 08983837624 to make offerings/contributions towards:

1. Devi Maa Pooja
2. Shaktipeetham Sajavat (Decoration)
3. Annapurna Seva (includes Prasadam, etc.)
4. Bhajan Arrangements
5. Ashram Pravandh (Dhyaan Manthan Kshetra, Shaktipeetham, Gyan Sthal, etc.)

the ancient sacred Vedic process of
havan

A medium to deliver our prayers directly to the Divine
and, in turn, bring their Blessings.



Significance of worshipping the Navdurgas

First Day - Shailputri

The first day is dedicated to the Goddess 'Shailputri', the daughter of the Himalayas. She is a form of Shakti, the companion of Lord Shiva.

She is the first among Navdurgas. The embodiment of the power of Brahma, Vishnu and Shiva as she rides a bull and carries a trident and a lotus in her two hands.

Second Day - Brahmacharini

Brahmacharini means one who practices devout austerity. She enlightens us in the magnificent embodiment of Durga with great powers and Divine Grace. She is blissful and endows happiness, peace, prosperity and grace upon all devotees who worship her. Filled with bliss and happiness, she is the way to emancipation – Moksha.

Third Day - Chandraghanta

Goddess 'Chandraghanta' is symbolic representation of beauty and bravery. She is worshipped for peace, tranquillity and prosperity in life. She is the apostle of bravery and possesses great strength to fight in the battle against demons. People who worship her are believed to gain a power of insight. They attain peace as they start understanding the real meaning of life. She bestows strength and provides justice. She is the giver of knowledge and enlightens beings. She also represents bliss and provides prosperity and health.

Fourth Day - Kushmanda

Goddess 'Kushmanda' is considered the creator of the Universe. The Universe was no more than a void full of darkness, until her light spreads in all directions like rays from the sun. It is believed that those who worship the goddess with purity and sincerity are blessed by her and are freed from all types of hurdles, ailments, worries and evils in life. She is the ultimate provider of happiness, joy and prosperity and always protects the devotees when they need her.

Fifth Day - Skand Mata

The fifth aspect of the Mother Durga is known as 'Skanda Mata' – the mother of Skanda or Lord Kartikeya, who was chosen by gods as their commander in chief in the war against the demons. Skandmata laid the foundation of the mother-son relationship. The devotees get immense love and affection from the goddess who is devoted to her in this manifestation.

Sixth Day - Katyayani

The sixth day is dedicated to the goddess 'Katyayani' with three eyes and four hands. Katyayani is regarded as the goddess who helps her devotees and worshippers in fighting all the diseases, fears and sorrows.

Seventh Day - Kaalratri

Kaalratri is the one of the fiercest forms of Durga and her appearance itself evokes fear. This form of the Goddess is believed to be the destroyer of all demon entities. The destroyer of darkness and ignorance, Mata Kaalratri is the scourer of darkness; enemy of darkness. All fears dissolve when she is worshipped.

Eighth Day - Maha Gauri

Mata Rani or 'Maha Gauri' represents calmness and exhibits wisdom. Her power is unfailing and instantly fruitful. As a result of her worship, all sins of past, present and future get washed away and devotees get purified in all aspects of life.

Ninth Day - Siddhidatri

Siddhidatri is the ninth form of the Goddess. Siddhidatri has supernatural healing powers. She is capable of giving all sorts of occult powers. She removes ignorance and provides knowledge to realize Brahman.

Q: How does one differentiate between the voice of the mind or the Divine? How do we know that it's the heart and not the mind?

Dadashreeji:

Remember, the source of the voice is profound and internal. A strong connection with this 'Inner Source' bestows natural and effective guidance. Confusion occurs in the highly active mind. Here, one fails to receive proper guidance, which can help elevate the fallen state.

In many instances, prefixed desired expectations make it difficult for you to receive that guidance smoothly. Your preferences influence your mind to participate in the process of finding answers. One feels helpless mainly during critical situations in life. During such complex situations, the internal struggle intensifies and worsens due to your preferences.

Know that, the reasons behind the interplay of the mind resulting in providing altered messages are ignorance, judgments, and self-analysis. These various levels of interpretations corrupt the message of the inception.

If you have played the game of "Chinese Whispers", you would understand this well. The message shared at the beginning, doesn't remain the same by the end of the game. As a part of the game, all of you laugh at the ultimate outcome of the message. In real life, implementing on the altered message can be anything but good or productive. The altered message would only misguide you to encounter failure and misery in life.

Remember, mainly two things that can help you receive the inner guidance precisely in its true nature are: 'Elevated awareness' and 'Connection with the Divine'. As you progress in your spiritual journey, you would notice growth in these qualities. You would receive direct and non-conflicting guidance.

You can identify this voice well as that of the heart if you sense three factors: Authenticity, clarity, and serenity. A very distinct, clear, notable voice releasing silence within is the true inner voice - the voice of your heart. As opposed to it, the voice of the mind is unclear, comes with a second opinion or plan B, keeping you restless and in fear.

Your growth and success lies only with true inner voice, your heart.

Listen to your heart!

Listen to your Divine!

*Love and blessings,
Dadashreeji!*

Pearls of Wisdom from Love Incarnate Dadashreeji