### From the Editor's Desk

### **Dear Divine Souls,**

July is a month all devotees look forward to because of the hugely important day of the year which falls around the middle of the month. This day is incredibly important because devotees get to pray to their Master or Guru and seek the highest blessings possible. Guru Purnima was celebrated in many cities in India, Europe and the US. The celebrations at our lovely life giving rain swept ShantiKshetra Premgiri Ashram was celebrated by all devotees who had travelled from all across India and a few from Europe and the United States. In their own simple way devotees met and jointly celebrated the day in various cities in the world by conducting Havans, chanting sessions, Paduka's Abhishek or simply meditating on His Lotus feet.

Our loving Master Dadashreeji's smile, His glance and simply His presence made the long arduous journey so truly worthwhile. His simple benediction and Love flowed into each devotee's ardent heart as raindrops falling onto the parched earth, bringing joy and love into our waiting hearts. Devotees experiences in word or prose give inspiration to others as they walk on the spiritual Path. Read the inspirational writings with joy in your hearts.

This month was marked by a tremendous increase in Bodh sessions conducted in the Ashram, India and abroad. A radio talk show was held in San Francisco with not only the listeners but even the presenters – so moved, that they spontaneously hugged each other and our Mitr's in love and joy – marveling at what they had just felt.

Dada's inspiring words are being shared across the globe in a myriad of ways. The Mission of love and peace is spreading with each session of Sambodh Dhyaan and Bodh. The offering of Maitri Light prayers has brought together people of all faiths requesting His Divine benediction and an answer to their prayers which grows day by day. An indicator of something imperceptibly changing in their hearts and minds as the connection to Dadashreeji grows.

VEDS was conducted in Delhi to a tumultuous reception from the CEO's and top managerial personnel who over the daylong session heard and later felt the tremendous energy of love and grace practicing what had been taught and their hearts opened upto this amazing view of life in the practical world.

This and more in this month's edition of the AnahitA for your reading and sharing pleasure.

- On behalf of MaitriBodh Parivaar



Monthly e-Mag from MaitriBodh Parivaar

Cover pic : The sacred process of Paduka Abhishekam during **Guru Purnima Celebrations at** ShantiKshetra Premgiri Ashram MaitriBodh There exists a silent unheard voice in all to discover the self within. The one, who has experienced this inner calling, knows truth exists beyond the obvious reality.

- Dadashreeji

**The** voice we are used to listening to is our own. We are most comfortable with it – to the extent that we at times don't even listen to another person!! This voice is loud. This voice is prompted by our ego. Ego owns a thought and then verbalizes it and we hear our own voice.

However with meditation, satsang and Divine Grace the ego loses its grip gradually. Then we tend to become more and more silent. As we grow silent we begin hearing another voice. A soft yet vaguely familiar voice. Some call it the sixth-sense. We would hear it in dire emergencies before. It has helped us avert many a mistake. With the ego becoming silent, we hear it more often and more clearly.

This voice connects us to the Divine as it is 'of the Divine'! It guides us on the path to the Divine. This is the inner calling which has been dormant for ages. Slowly we realize the fallacy of believing our senses. Gradually we realize that the reality that we vouched upon may indeed not be the reality. It then dawns upon us that there is truth beyond "our" so called reality.

# **Gratitude Day**



The month of July saw one of the most auspicious events of the year – **Guru Purnima** – celebrated as **Gratitude Day** by **MaitriBodh Parivaar** on 19<sup>th</sup> July at ShantiKshetra Premgiri Ashram (Peace Service Centre) and on 16<sup>th</sup> July in Mumbai, Delhi and various parts of Europe and US.

### ShantiKshetra Premgiri Ashram

Incessant rains did not deter devotees from reaching ShantiKshetra Premgiri Ashram, abode of Dadashreeji on Guru Purnima. They gathered in large numbers to offer their respects to their beloved Guru – their Divine Friend Dadashreeji. It was also a day to express gratitude to each other for being bonded together with Love – Love for their Master Dadashreeji.

The auspicious day of Guru Purnima started with the inauguration of the 'Kamdhenu Gau Dhaam' (dwelling place for cows), followed by prayers at the Shaktipeetham, abode of Mahakali and Mahakaleshwar. After Aarti and Prasad, the events continued at the Gyan Sthal, where a big Yagnya (fire sacrifice) was performed for world peace. Devotees participated with devotional fervor and joy in this noble endeavor.

The early hours of the evening saw bhajans and Kirtans by Maitreyi Lavanyaji who sang soulfully and enthralled all present connecting everyone's hearts to the Divine. As each one entered the beautifully decorated Dhyaan Mandir bedecked with flowers, eyes rested only on the Master – to see Love and tenderness emanating from Him – blessing all. It was truly a wonderful and Divine experience!

### Mumbai

The Guru Purnima event held in Mumbai on 16<sup>th</sup> July was streamed live, enabling all the devotees spread far and wide to connect, watch and listen to Dadashreeji. For those who could not be present physically it was a truly overwhelming experience.

### Delhi

The Mitrs, Maitreyis and sevaks in Delhi also celebrated Gratitude Day at the same time as Mumbai. A part of the session was live-streamed from Mumbai and with Dadashreeji's darshan, all flowed in the same Love and Grace offering their Gratitude to the beloved Master.

### Europe

On the same day, Gratitude Day was celebrated in Trin, Switzerland with devotees expressing their gratitude to Divine Friend Dadashreeji, "Thank You so much for everything You are doing for us, for the time You are taking out for ourselves, for the joy You are giving us and that in difficulties Your presence is the most active and You are there with us." There couldn't have been a better expression indeed!

### US

The event was celebrated in Los Angeles with a Havan conducted and joined in by all devotees. A Sambodh Dhyaan session was organised for a group of young management students in San Francisco which was acknowledged as something truly amazing by all who attended.



### Guru Purnima in

### Tihar Jail, New Delhi:

The feedback from Tihar has been tremendous and so very motivating for our Parivaar. It gives us the impetus to work more diligently for the benefit all those souls who are crying out for Dadashreeji's Grace and Blessings.

The Essence of Dadashreeji is now being felt in Tihar. It is now a vibration of perfect radiant pure light. He is eternal, unchanging, omnipresent, bliss, wisdom, truth and purity and energy this is spreading in Tihar in a big wave.

Mr. Verma, the Jail Superintendent gave a review of MBP to all the other Jail Superintendents and was very vocal about how the MaitriBodh Parivaar is making a huge difference in the lives of the people it is touching. His praise and appreciation was so strong that all the other Jail Superintendents spontaneously approached us to conduct our sessions in their Jails.

All we as sevaks can do is offer gratitude at our Guru's lotus feet for giving us all this opportunity to serve him and humanity, thus helping us all to free ourselves from the fetters of karmas through Selfless Service. Seva and spirituality go hand in hand and with him we have learnt the spirit of giving. It is only through Divine Grace the impossible becomes possible thus helping us complete our life's journey.

Guru Purnima was celebrated in Tihar jail with over 40 inmates who have attended Bodh 'Awakening to Self Realisation' in the past two months. The Sthapna (installation) of Dadashreeji's Shrimurti at Tihar on this auspicious day was in itself a profound experience.

The **Aradhana** (praise) and **Aarti** offered to Dadashreeji were a sight to behold, as the inmates came forth to express gratitude at Dada's lotus feet. They all wrote their prayers to Dada and offered them to Him. A giving so complete and overwhelming that Divinity is left with no recourse but to bless each and everyone with unending Love and Grace.

Such was the energy and enthusiasm that it brought tears of joy and gratitude to all. They chorused:

We have someone who considers us as **His OWN** without judgement and with **unconditional love**. Finally our voice has been heard.





### **Spiritual Week**

#### 19<sup>th</sup> – 24<sup>th</sup> July | ShantiKshetra Premgiri Ashram

The 'Spiritual Week' began with Bodh participants arriving in the ashram with joy and eagerness. The first day saw participants taking part in Bodh.1 and receiving the divine energies leading to 'awakening to self realisation'. Thereafter they went through the process of 'Purification'. The participants were in bliss as the Master – their True Divine Friend offered to hold their hands and lead them on the 'Path Divine'. Sessions with the Master, Guided meditations, Shaktipravaah culminated in the 'Prem Anubhav' (experiencing Love) – a session of expressing our Love to the Divine in the presence of the ever so loving and caring Dadashreeji, truly an ecstatic experience for all.

The spiritual week concluded to mark new beginnings with many connections made, both Divine and Human, forming a beautiful relationship which shall be nourished and cared for further, to bloom into flowering and fruit laden trees.

### Awakening to Self Realisation (Bodh 1)

4<sup>th</sup>-10<sup>th</sup> July : Mumbai | 4<sup>th</sup>, 5<sup>th</sup>, 7<sup>th</sup>-10<sup>th</sup> July : Delhi 19<sup>th</sup> July : Switzerland | 16<sup>th</sup> July : Los Angeles (USA) 23<sup>rd</sup>, 30<sup>th</sup> July : San Jose (USA)

The golden age has begun. It is the time for love, abundance, peace and harmonious co-existence that people have longed for. Dadashreeji's teachings and His practical examples of how to live a spiritually wonderful and productive life are helping everybody develop a clear understanding of the need of transformation and Awakening to Self-Realisation. Grace flowed in abundance, enveloping everyone in Divine Love and Peace.

### **Maitri Session**

#### 12th July : Munich, Germany

The talk revolved around the vicissitudes around the world. On one side exist powerful countries with a strong force of egocentric and self-centeredness while on the other, co-exist countries like Bhutan which measures itself on the happiness levels of their people. How can we choose the correct direction to go ahead and what do we need to keep in mind? A truly thought provoking discussion that evoked a great response.

### Maitri Light

20<sup>th</sup> July : Uster (Switzerland) | 30<sup>th</sup> July : San Jose

Maitri Light is offers an opportunity for attendees to address their issues and in exchange receive energy which allows to resolve them. Maitri Light is offered in many places around the world.

### **Tree Plantation Drive**

The YGPT in Amritsar together with the support of the Municipal Corporation have launched a hotline mobile number through which local residents can demand free saplings of a variety of plants. The hotline operator assists them to choose the right variety and ensures delivery of these saplings at their doorstep. Photographs of those planting the saplings will be aired on the local news channel to promote the drive.

### <u>VEDS workshop</u>

#### 30<sup>th</sup> July | Delhi

The much awaited workshop, VEDS Heartfulness at Work, took place in Delhi amidst great enthusiasm and of course blessings from the Rain Gods.

The workshop delivered by Maitreyi Sebanti, Mitr Bosco, Mitr Anand and Maitreyi Sulata was conducted at Le Meridien, Janpath, New Delhi.

Blessed by Dadashreeji and beautifully crafted by the facilitators, the sessions were thought provoking, interactive and touched the heart.

The program was a unique blend of ancient wisdom as shared by Dadashreeji and new age learning techniques that helped the learners absorb and internalize the concepts. The linking exercises helped the learners build the connect between life's lessons and their practical application at the workplace. The guided meditation process at the end of the program not only rejuvenated the participants but also helped them experience a deep connect with their Inner Selves. The participants unequivocally shared how deeply they were moved by this new experience.

The MBCS Team also brought to life Heartfulness at work through their Beingness, each playing his/her role with utmost conviction and devotion. The team mates from the two cities, united by Dada's love were a perfect example of synergy and harmony.

VEDS Heartfulness at Work has achieved its objective of firmly establishing itself in the hearts and minds of its participants as the New way of Being, to be successful in these dynamic and challenging times.



### Dadashreeji's message from Gratitude Day

**16<sup>th</sup> July (Mumbai)**: In His address at the Swaminarayan Temple in Dadar (Mumbai), Dadashreeji emphasized on the need to grow from within.

"We perceive the world as real, constantly trying to achieve something from and in it without realizing what it is that we are in search of. People need to close their eyes and go inwards. The answer lies therein. The only effort needed is to look within, to understand what we are yearning for. Once the path is known, Divinity will guide us towards its realization. With clarity, experiencing the Self becomes easier. With 'bhaav' (feeling), pray to the Divine that you experience life to its fullest. As we start living our lives under Divine guidance, we commence walking on the right path. The true experience will be delivered. The journey within begins from that very moment. Humanity is entitled to Love and Peace. It is for us to know which path we have to choose. Spread goodness as you receive it. Guide others to the real path as you start experiencing the truth in your own hearts. Pray that you be shown the direction and led on to your path to fulfill the purpose of your existence."

# Gratitude

### Maitreyi Sonee

- To love and be loved is the greatest joy ever and my happiness has known no bounds with the same joy ever since I found you Dada.
- Today, my eyes are brimming and tears are overflowing with happiness.
- My silence became a prayer and faith became love and I wake up smiling with not just my lips but also my heart.
- The unconditional love that I receive in abundance from you is inexplicable, and has taught me to be kind and giving.
- It showed me that love doesn't measure, it only gives and shares. Your love is so pristine that it deserves to be shared.
- Thank you for making me realise that the candle I light for others, will also brighten my own path.
- Thank you Dada for I am blessed to have you in this lifetime.

Don't ever let me wander away. At last, I am home after a long and lonely journey, reuniting with You at Your lotus feet.

**There** once was a little boy who wanted to meet God. He knew it was a long trip to where God lived, so he packed his suitcase with chocolates and a six-pack of milk and started his journey. When he had gone about three blocks, he met an old woman. She was sitting in the park just staring at some pigeons.

The boy sat down next to her and opened his suitcase. He was about to take out bottle of milk when he noticed that the old lady looked hungry, so he offered her a Chocolate. She gratefully accepted it and smiled at him. Her smile was so pretty that the boy wanted to see it again, so he offered her milk too. Once again she smiled at him. The boy was delighted! They sat there all afternoon eating and smiling, but they never said a word.

As it grew dark, the boy realized how tired he was, and he got up to leave but before he had gone more than a few steps, he turned around, ran back to the old woman and gave her a hug. She gave him her biggest smile ever. When the boy opened the door to his own house a short time later, his mother was surprised by the look of joy on his face. She asked him, "What did you do today that made you so happy?" He replied, "I had lunch with God." But, before his mother could respond, he added, "You know what? God has got the most beautiful smile I've ever seen!"



Meanwhile, the old woman, also radiant with joy, returned to her home. Her son was stunned by the look of peace on her face and he asked, "Mother, what did you do today that made you so happy?" She replied, "I ate chocolates and had milk in the park with God." But, before her son responded, she added, "You know, he's much younger and cuter than I expected."

God is everywhere. We just need to share our happiness and make others smile to feel Him.





I was sent abroad for an official assignment for a period of 2 months. It was my first trip alone away from home, in a new country. My serviced apartment was a 10 minute walk from the office.

One day late evening, I left alone from office as I to complete some urgent work. It was very dark and deserted. Suddenly a very hefty lady appeared from nowhere and very sternly and loudly, asked me for my valuables. I could feel that she was not a needy person so I told her that I didn't have any. I moved ahead but sensed that something was wrong. I turned around and walked towards my office. She started following and threatened me. I got scared and started walking very fast. She disappeared as suddenly as she had appeared. I waited at the end of the road for 15 minutes to check for her whereabouts. I had seen her cross the road – but I could not see her anymore. With ease, I started towards my service apartment.

I don't remember what happened exactly but in the next few seconds the lady showed up again and tried to snatch my bag. I was petrified. I did not know what to do. I don't know from where I gathered courage and somehow managed to pull my bag from her. I held on to it very strongly and ran towards the office breathlessly. My hands and legs were shivering. My heart was beating very fast. My mouth could not utter a word. The eyes were watery. I shook in fear.

When I caught my breath, I called a colleague from my mobile phone and requested him to drop me to my service apartment. A fear of the unknown had enveloped me while entering that huge apartment as I was staying alone. As soon as I reached the dining room, I sat in front of Dadashreeji's Shrimurti and burst into tears. The only emotion I could feel was fear. I kept talking to Dada throughout the night. I prayed to Him – not to remove the fear, but just to be with me. I could not share this incident with my family in India, as they would have also have gotten worried. I sat in front of Dada all night long, simply murmuring – **"Dada please be with me, Dada please be with me."**  The next morning, I somehow went through the day at work trying to divert my mind. People came to me and asked about the mishap. I could not even narrate the incident coherently as I was still in a state of shock.

Somehow I managed to get through the day but was not feeling normal. That evening when I reached the apartment, my maid told me, "I have not cleaned your room as your best friend had come so I did not disturb him." I was surprised. My friend? She then told me looking at Dadashreeji's Shrimurti – "YOUR BEST FRIEND" and simply smiled.

I remembered that the very first day in the apartment, looking at Dadashreeji's Shrimurti on the dining table, my maid had asked me who He was. I had paused wondering how to explain that Dadashreeji is a Living Guide or a Master. Would she understand? I simply told her that He is my Best friend, my Guide and helps me all the time.

Back to the moment -1 was speechless. The maid narrated that that when she entered my room, she saw Dada sitting on the sofa waiting for my arrival. He had greeted her and consequently she did not clean the room because she had not wanted to disturb Him.

She had actually seen 'Astral Dadashreeji' who was there to guide and protect me. He had heard the cry for help from my heart. She was not even aware of what a wonderful experience had occurred. For me, the presence of Dada in my home was unbelievable. He had heard my prayers and was with me through all the pain. He even proved His presence to me through a complete stranger. This "Darshan" became my strength and blessed me with positivity for the journey ahead. I cried profusely in front of Him for such a manifestation of His Divine Love had given me the complete assurance that He is with me at every step of my life. I thank Dadashreeji for making me go through the adverse experience as I realised how strong I truly am. I also understood how blessed we are. Dada takes care of each of us every second. In our own learning of pain and sorrow, we feel that He is not with us whereas He is with us even more strongly during the stressful times in our lives. It is we, who do not see His shield of Love. He watches us, guides us, nurtures us and cares for us all in ways possible which we cannot even begin to comprehend. Our Father loves us all unconditionally.

Heartfelt Gratitude to Dada. Always at your lotus feet. Dada Sharnam Shukriya

You can also send us your own experiences, articles, stories, poems or spiritual questions. Selected ones will be published in our future issues. Mail us at:

anahita@maitribodh.org



# DadaLeela

With the Grace of Dadashreeji, the sessions at Tihar Jail are taking place every week. Many of the inmates have experienced that Love that they had been waiting for far too long. Below are some of the experiences, as narrated by a few inmates:

"As I lifted my arms to receive Dadashreeji's Grace and Love, I felt flowers being placed into my hands and took that inexplicable feeling as a blessing from Him."

"I felt Dadashreeji's presence so strongly that with the Sthapna of Dadashreeji's Shrimurti and after understanding the true meaning of Guru, I felt a guide has come down to take me from darkness to the light." He told his friends that with Dadashreeji and His family of friends, he feels that there is someone who has taken charge and is now guiding them all.

Sandy said that he does not attend such sessions but he felt that there was something pulling him to the meditation room. He felt a Divine presence was there to enrich their lives. "I could not stop myself and kept coming back. I have witnessed a Guru's strong energy for the first time, and I feel my life can be thoughtfully guided by Him. I bow down to Dadashreeji as my Guru and ask Him to show me the path."

He said that today he has understood that Dadashreeji's is the friend/guide who is here to connect them to their own Guru and show them the path that reaches Divinity.

There is no experience as overpowering as the touch of His love. Today with Dadashreeji's blessings, it has Participants at Awakening (Bodh.1) session at Tihar Jail

become clear to all present there that it is only a Guru who takes us towards God. It has made them realise that the presence of a Guru in our lives, surpasses all else.

We hope to spread happiness, love and wish everyone experiences the Divine and unfading love of Dadashreeji. With His presence in our lives, sorrow diminishes, joy wells up and abundance dawns and we feel every soul is entitled to an experience like this.

As they say, experience is the best teacher. For our Parivaar, having our Dadashreeji as our Guide and Friend is the best experience we could have ever witnessed.

Thank you Dada!

Experience shared during the **Awakening to Self Realisation (Bodh.1)** in San Jose (USA):

"One day in my meditation I saw Mahavataar Babaji. He was sitting in front of me while I was meditating. He asked me to attend the MaitriBodh event happening around San Francisco. Lo and behold, on searching on the internet, I found that a Bodh session was being offered in my very own city a week later. I promptly registered for the event. The event was truly amazing and the meditation was deep. As soon as I sat in meditation, the mind was serene, without any thoughts. I saw glimpses of part of a face, zooming on the lips as He was trying to communicate with me. Generally all my visions come with a feeling and in this case I felt that the vision was that of Lord Shiva."



# **Upcoming Events**

## **Akhand Jaap**

a 12 hour continuous akhand Mantra Jaap of Love Incarnate Dadashreeji with the intention of

### WORLD PEACE and HARMONY

When we chant any Divine mantra with feeling and heart involved in, it reaches straight to the Divine. These prayers can be more fruitful in showering grace depending on the *bhaav* (feeling) and *nishtha* (faith/devotion) with which it's being chanted.

Let us all join our hands and pray for our fellow brethren suffering in the name of terrorism and natural calamities across the world on

14<sup>th</sup> August | 9am – 9pm

at ShantiKshetra Premgiri Ashram, Karjat

For registrations or more info: 9320234596

Please feel free to join in at any time and sit for as long as you find comfortable.

The Akhand Jaap will also take place in the various regions. Please contact us on the details given in the *Contact Us* section in the next page for details at your own region.



# MEDITATE WITH DIVINE FRIEND Dadashreeji

DATE: 10<sup>°</sup>SEPTEMBER, 2016 6 PM (INDIAN STANDARD TIME) MEDITATION THROUGH LIVE STREAMING

To register please email at info.india@maitribodh.org

odh.org | Follow us on: 🚮 Dadashreeii - Ma



Meditation is a practice where an individual trains the mind or induces the mode of consciousness, either to realize some benefit or for the soul to become closer to its own Inner Divine. Meditating in the presence of a realized Master is in itself an opportunity not many encounter. It is only through His Grace and Will that one is offered such a blessing. To be in the presence of a Master instills a state deeper than just silence. In this state, His heart slowly brings you also into a synchronicity. You start beating with His heart, with the same rhythm, and feel that pure unconditional bliss.

Come and enjoy the rarest of rare opportunities of meditating in the **presence of Love Incarnate Dadashreeji**, through **live streaming** on

**10<sup>th</sup> September** | 6pm onwards For more information, www.maitribodh.org or email at info.india@maitribodh.org or call us on: 9920203264

### For regional Awakening to Self Realisation (Bodh.1)

or other spiritual sessions / social events, please connect with us on the details given in the *Contact Us* section in the next page.



# **Upcoming Events**

# Purification (Bodh.2) with

### Awakening to Self Realisation (Bodh.1)

The Purification (Bodh.2) Process is a systematic, progressive and effective way to expunge or cleanse unwanted, grievous, detrimental, traumatic and other dormant impressions of your subtle body which have blocked your path of growth. Experience cleansing at the deep subconscious plane (chitta) and experience true freedom in life.

The sacred process of Purification is taking place for the first time outside our ShantiKshetra Premgiri Ashram in Punjab – an answer to the prayers of many who could not make it to the Ashram. Don't miss out on this opportunity to free yourself from past blockages and experience a value-based and inner-voice guided life.

23<sup>rd</sup>-25<sup>th</sup> September | ShantiKshetra Premgiri Ashram

14<sup>th</sup>-16<sup>th</sup> October | Amritsar, Punjab

For registrations or more information:

North India - 9216822222 West India - 7718805555 South India - 9591427000 East India - 9830605180

### Navratri Celebrations

The word *asur* (demon) can be seen as 'the one who remains engrossed only in enjoying mundane pleasures of life'. These actions give rise to real demons such as ego, sorrow, greed, jealousy, and so on. Starting from the first day of *Ashvin*, nine days of worship is offered to the Divine Mother AdiShakti Mahakali, the source of energy, to help emancipate us from the trap of demons by helping us realize the illusory form of the Demons. The Divine Mother is worshipped for the nine days of Navratra, and the victory is celebrated on the day of Dashmi and is called Dussehra.

Get an opportunity to be a part of the **Navratri Celebrations** and participate in the daily sacred process of

### Havan

with a prayer to Divine Mother to help cleanse you of all the unwanted blockages and make you realise your own True Nature.

The Havans can be personal or Samuhik for one Sankalp for an individual or for a family.

To request your own personal or Samuhik Havan, please call us at : **9819946594 / 9773860267** 

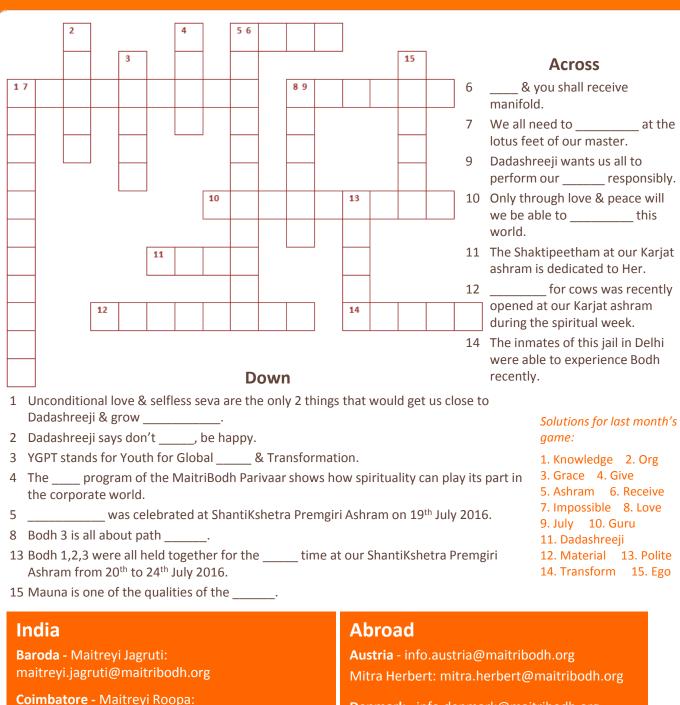
1<sup>st</sup>-10<sup>th</sup> October | ShantiKshetra Premgiri Ashram

And on the day of *Dashami*, celebrate Dusshera in the Divine presence of Dadashreeji in

## **Dusshera Bhet**

11<sup>th</sup> October | ShantiKshetra Premgiri Ashram





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# Q: How do we fulfill our dreams even as we work in our daily practical life?

(... continued from last month)

## Dadashreeji:

### D) Rewarding Patience -

Patience is not about slowing your pace of work or diluting your passion towards work but in fact providing a well-controlled and focused approach to accomplish your dream.

Patience is one of the qualities of your heart.

One of the most beneficial and essential gifts which patience offers you is enabling you to exchange unwanted and unproductive thought forms with success and happiness. In this way, patience teaches you to shed off the past associated memories and attachment blocking the path of your vision. Hence, remember this, success and growth do not come unless you give up your past to embrace the enriching vision of this only life that you have.

Patience, being one of the vital qualities of the core being, provides unshakable and stable roots extensively gravitating towards the vast ocean of enormous power.

Therefore, we urge you to practice patience and receive growth.

### E) "The Flowering Awareness" -

Awareness is akin to discernibly observing all around in a well-lit room with open eyes. One may blame the situation or fate if one finds oneself in a closed dark room. Here, desperately looking all over with open eyes in darkness becomes a misery. However, keeping your eyes shut in an open, bright-light field will be insanity. Nothing much can be done for the insane state but imparting friendly requests and wise guidance. However, there is a possibility of curing one's 'miserable state'. One can mould this fallen state into a liberating and joyous state. One can experience this by facilitating evolution of one's awareness.

The flowering of awareness is widening the boundaries of one's field of cognizance. It is an ongoing process of expansion of one's consciousness. This flowering heads to abundance and absolute fullness.

Awareness is 'being consciously present' or 'witnessing that to be perceived'. As awareness expands and deepens, you are empowered with greater wisdom, inner guidance, and Divine intellect.

Remember, all your actions and reactions are directly influenced by and related to your state of awareness. The lower the state – more futile the action. The higher the awareness – more fertile the action. Hence, help yourself to elevate the state of your awareness to blend into the all-powerful and all-loving consciousness.

Offer your prayers to accomplish the vision of your life with devotion!

The Divine shall eagerly respond, instilling love in your heart and smile on your face.

Love and blessings! Dadashreeji!

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