

ANAHTA

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Monthly newsletter from



Upcoming events:

Bodh in Europe:

13th – 14th September in Florence, Italy

20th – 21st September in Berlin, Germany

27th – 28th September in Winterthur, Switzerland

For queries and registration, please mail us at : international@peaceservices.org

Maitri in US/Canada:

5th – 6th September in San Francisco, US

7th – 14th September in Los Angeles, US

15th – 21st September in Austin and Houston, US

22nd – 28th September in New York, New Jersey, and Connecticut, US

29th September – 1st October in Chicago, US

4th – 5th October in Montreal and Toronto, Canada

For details, please mail us at : maitreyi.sulata@peaceservices.org

Celebrate life with various transforming spiritual and social events

In Bangalore, Coimbatore, Delhi, Mumbai, Orissa, Pune, Punjab

For details please visit our website:

www.maitribodh.org

or follow us on speaking tree at this link :

<http://www.speakingtree.in/public/Dadashreeji/dadashreeji>

Bodh I – Mumbai

(24th August 2014)

The much awaited “**Bodh I - Awakening to Self-Realisation**” was conducted in Mumbai on 24th August 2014. It was a one day program where participants reported incredible experiences.

53 participants flowed warmly, openly accepting the abundant grace of beloved Dadashreeji and Babaji whose

astral presence was very much felt and enjoyed. The session started in the morning. Mitra Shankh conducted the session after a brief introduction. Each person flowed with natural ease; understanding the journey of the soul, the sutras of karma and the values of truth.

Further, a Mitra conducted the divine process of **Sambodh Dhyam** which took participants to a different level altogether. Participants felt the positive energies in abundance and peace within. A Maitreyi expounded the learning on the need for a living master as per the present time through beautiful stories. The Concept of divinity and spirituality was portrayed thereby clearing pre-conceived notions from the minds of the seekers. Seekers queries were answered to their utmost satisfaction.

The session concluded with Shakti Pravaah (divine energy transfer) by a trained sadhak of Dadashreeji. The participants experienced a high state during the energy transfer. Soulful melodious music further took everyone into a state of devotion and joy.

During experience sharing, seekers indicated feelings of love and peace within. They appreciated the natural camaraderie, friendship and bonding that embodied the essence of our MaitriBodh Parivaar. This was a memorable experience for all the participants experiencing unconditional love, humility, simplicity and above all Grace in abundance. Glory to our Master!



Maitri Manthan III – Vrindavan (15th-17th August, 2014)



The third manthan (semi-annual) meeting was held in the holy city of Vrindavan from 15th – 17th August where all the members of the MaitriBodh Parivaar met. The purpose was to review previously conducted activities and plan future events, activities and to set protocols and lay down policies.

Rally by YGPT against drug abuse – Amritsar (8th August, 2014)



The youth of YGPT (Amritsar) kick started their functioning by holding a rally against drug abuse on 8th August 2014. It commenced from Company garden and concluded at Kennedy Avenue garden (approx. 2 km stretch).

The crusade against drugs was close to everyone's hearts because of the harm it was causing to the youngsters in Punjab. 67% of

Punjab's rural youth is addicted. The main motive behind organizing the rally was to spread awareness and show that "We have had enough. This is one epidemic that we will eradicate." This was also a platform for launching YGPT in Amritsar."

Different schools and colleges joined hands and voiced their solidarity, (Springdales Senior School, DAV Public, DAV International, Jagat Jyoti, Brightland, etc. to name a few). The total gathering was about 700 to 900 people.

Dr. Navjot Kaur Sidhu, MLA from Amritsar, and Mayor Bakshi Ram also joined the youth in their endeavor. All the participants were given wristbands which read "I don't drink. I don't smoke. I am proud of it."

Dr. Sidhu, who has also been working on this mission, inaugurated the event. Her brief speech was followed with an interaction session with two recovered drug addicts who warned the children against falling in the trap of drugs and alcohol. They shared their experience of how they got into it, ruined their lives, used the help of psychiatrists and doctors to get back their sanity and lead normal lives again. YGPT honored them and the two doctors who have been working in this field. They were gifted saplings and YGPT trophies to recognize their work and to encourage them further.

Meditation session – Pune (25th August, 2014)

A meditation session was conducted in Pune under the Grace and Guidance of Dadashreeji. A couple of new seekers came for the session and the need to have a guide through this journey of life was highlighted. The purpose, importance and technique of Sambodh Dhyam was explained. The participant's experienced joy, peace and bliss during the meditation, the energies were so high that some devotees were even swaying.

The Master's presence and blessings were felt abundantly throughout the session. One of the devotee's shared that she saw Dadashreeji's Shrimurti "glow and radiate" during the process!! It was a wonderful experience for all present.

Maitri Sessions were also conducted in various parts of Delhi, Mumbai and in multiple cities of Europe by our Mitras.



Message from our Divine Friend Dadashreeji

1st Sep 14

Dear Friends,

I take this opportunity to convey my feelings by way of written messages through our monthly magazine "Anahita". I am aware that all devotees have been waiting for these messages for a long time. Your consistent requests and prayers must be answered, and cannot be postponed any longer. I am receiving your love every moment through your prayers, messages, letters and interactions. My blessings and love to all those who share that unconditional love and divine bond!

I felt I should emphasize more to enlighten seeker's committed on the spiritual path. How do we see the spiritual path? Where do we lack in it? Are we still focused on it? Where do we stand on the spiritual path? Have we strayed from the path? I would try to address these enquiries here each month.

Please be very clear that the spiritual path is about genuine feeling and pure actions - and not about high philosophies and profound complex knowledge. It has never been about false ideation or fantasies which the mind creates. Many aspirants waste their energies in the imagination of something - which doesn't exist; many a times explaining how different they are from the others. When you use your energy in this manner, it will be insufficient when truly needed. This makes you feel tired, lethargic and leads to lack of interest in doing anything. You need to save and gather your energies to use them, only when and where they are required, and not on things which have little or no purpose in your life.

The confusion of the mind (misguided mind) makes you vulnerable into getting trapped in the worldly creation. All events that appear now - disappear in the very next moment. You extract meanings out of these events, based entirely on your perception of things. You keep playing with this for your entire life i.e. extracting meaning through worldly events. It is a natural process of human existence. However, the biggest hurdle in the spiritual path is not the 'extraction of the meaning', but believing 'that perception as final'. Please know that there is no 'final perception'.

As a true seeker, one must extract meanings not of the 'events' but of the 'Self' and its existence in the world. You tend to focus more on events occurring 'externally' and very rarely on the 'internal' world.

While walking on the path towards the Divine, one must start being true to oneself. Years of sadhana will be wasted if you are not true to yourself. When you carry false images about yourself and convince your Internal Being, that your imagination is

false images about yourself and convince your Internal Being, that your imagination is Real; consider that you have strayed from the path, gone so far astray that it would be difficult for some to come back on the path.

The Mind gets easily influenced in the tempting world, which always has something to offer to please you and your senses. You feel so happy and charged enjoying these offers. A seeker or a devotee might get attached to their good deeds, experiences and knowledge. You start claiming to be a good Sevak, good devotee or highly spiritual intellectual scientist.

We start counting what good we have done. We start claiming our good work done for people, for humanity, for the organization. The moment we proclaim our goodness, it reduces 'the goodness' to zero as it no longer remains good. Your claim of goodness as attached to yourself, your ego, need for recognition etc takes away the sacredness and Bhava of that good deed. The path of truth or to the Divine is deeply personal and internal. It is exactly the opposite, to your claims of ownership or possession of anything in the world.

If you realize this influence on your mind at the beginning itself, you would be free from it in no time. But if you get trapped in it - it may take years for one to come out of these influences, as it becomes a 'reality' for that mind. It would be removed, only when the mind is prepared to face the truth.

I would say "do not claim to be good or better than others, just be the way you are". In trying to be good, you suffer more. You become the cause for your own suffering. You are all part of the same Creation - of that one Source. You do not have to do anything additional. If at all you have added any false layers, your only sadhana is to free yourself from those added layers. Here, your dedication, preparedness and true bond with the Divine would help you.

Allow your inner world of Divinity to grow with every opportunity you get!

Love and blessings!

Dadashreeji.... completely yours.....

ANOTHER GREAT NEWS - For any spiritual queries, you may write to mitra.shankh@peaceservices.org Few selected questions from these, will be directly addressed by Dadashreeji, which will be released in the next Newsletter.

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