

ANAHITA

Volume 2, Issue 6

June 2014

Monthly newsletter from



Upcoming events:

GURU PURNIMA CELEBRATIONS GRATITUDE DAY

6th July, 2014
at Amritsar, Punjab

12th July, 2014
at Dadar (E), Mumbai

Celebrate life with various transforming spiritual and social events
In Delhi, Pune, Punjab, Bangalore, Coimbatore, Orissa, Mumbai

For Europe sessions, please contact
Mitra Silvano +39 349 6725205, or Mitra Kaivalya +4179180936

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<http://www.speakingtree.in/public/Dadashreeji/dadashreeji>



Bodh Level I

MaitriBodh Parivaar organised Bodh-1 in Amritsar on June 15, 2014 at a local school hall. About 130 seekers from all over Punjab upto Faridabad near Delhi, assembled together to receive Divine grace and blessings. Mitra Shankh, Mitra Parn and Maitreyi Sulata introduced Mahaguru Mahavataar Babaji and our Guiding Light Sadhguru Dadashreeji to the participants. They spoke about the Master's path of love and peace, importance of inner transformation and how to connect with our inner Divine Being.

Spanning five sessions, they explained the need for change in our lives. In the second session of "Sambodh dhyaan", they explained about the cleansing of our astral body, followed by a beautiful meditation experience taking participants deep within. The "Life Sutra" detailing the laws of karma and their importance. Most participants were spell bound by Dadashreeji's famous Sutra - "I do, what I do and I do, what I do not do." The fourth session explained our "connection with the Divine" – how to awaken your divine Guru within you, establish the bond, experience love and peace within, the importance of a prayer and how to pray devotedly.

By this time all seekers already on a spiritual high feeling "empty and light" within, were exalted further by the "Shakti Pravaah" channeled through two Mitras. Participants experiences ranged from "feeling the soul dance within" to "the body floating in the air". Some experienced Dadashreeji in His various avatars as Shiv, Krishna, Narayan, Jesus and Guru Nanak. Seekers realised the importance of a living Master in their lives. Dadashreeji's Grace and Blessings, in His astral presence, were amplified like never before. The organizers are still receiving calls of gratitude till date as seekers eagerly wait to be blessed by Dadashreeji in His physical form on the occasion of Guru Purnima in the month of July. Dadashreeji yet again reiterates His words "peace within me, is peace within you ".

Bodh Level II



The second Bodh 2 was conducted at our Premgiri Ashram with 70 devotees attending the two day intense session. Right from the time the seekers set foot on the ashram soil, the tempo of purification caught up. From the beautiful thoughts being shared by Mitra Shankh, Mitra Parna and Maitreyi Sulata, bringing awareness to thought provoking patterns that had set in, within all the seekers, to whatever was taking place around them,

their entire being was subjected to a surge of pure divinity ready to cleanse, as they all received it with open hearts. The final moment arrived when the Master himself appeared to grant all the energies of purification that would over time take complete effect. The Beej Sanskar Kriya (sowing of Divine seed) done in the afternoon of the second day had an electrifying effect on each participant, leaving all in complete gratitude to the loving Masters...

A New Beginning

Maitri sessions started in Canada and USA, the first one on 1st June, thanks to Maitreyi Akanksha and Saroj Maa. Akankshaji was told before she started the session to take only take 20 minutes, after which their regular spiritual class would go on. “But thanks to Guru’s grace, after 25 minutes were over the host was so immersed – that she said insisted we continue. The session lasted one and a half hours.

As predicted by Dadashreeji – people are waiting to get connected. Grace flowed endlessly. Dadashreeji’s message was conveyed easily”

Maitri sessions in Europe and Japan

In June, Dadashreeji’s message was brought to various towns like Berlin, Munich, Birkenfeld, Kassel, Stuttgart, Graz and Krems an der Donau, as well as in Tokyo, Japan.

Many private talks were also conducted in between the events in the various cities. People are ready to receive HIS grace. Sometimes only few showed up and sometimes a big crowd. Both were welcomed with open arms. More and more spiritual seekers are asking for sessions to be held at various locations. The Mission is spreading far and wide and our family, our parivaar is growing in Europe thanks to Mitra Silvanoji and Mitra Kaivalyaji. Soon Dadashreeji’s message will reach each country in Europe.

Sessions in Mumbai



Various Maitri sessions were conducted including at Bandra and Thane this month. Many new seekers – simple, homely and spiritually evolved devotees joined in absorbing Dadashreeji's teachings effortlessly. Their queries of how to connect to the divine and feel inner peace were answered to their satisfaction. Each was blessed with amazing grace and calm at the end of the Dhyana sessions. Each thanked Dadashreeji for his unconditional love.

Crossing boundaries

There are no boundaries or distance between devotees and God. Dadashreeji's blessings reached Dubai in the form of a Maitri session at Sheik Zayad Road, Dubai, at the residence of Mr. Kohli.

Our host kept Dada's Shrimurti in their mandir and light a diya with full devotion everyday. Our pure-hearted hosts confessed that they found it difficult to accept Dada as more than just a regular human being. But, they felt some attraction and transformation within 4 days of installing Dada's Shrimurti. During the session, divine love flowed in the house filling everyone with complete love and peace. Grace flowed in abundance.

– Mamta Mendiratta

Mass Meditation (*Samuhik Dhyana*) Experience the Bliss of Meditation

An exclusive Samuhik Dhyana (Mass meditation) session commenced under the Grace and Guidance of Beloved Dadashreeji at YGPT members Shaan and Kainaz's residence. The importance, purpose and a detailed technique of the dhyana process was explained. Devotees experienced tremendous energies and divine connection (a seeker felt a completion of her Bodh experience, others experienced energy, joy and bliss).

Experience: The sambodh dhyana was a beautiful experience! The heavy rains just at the time we were invoking his grace presence was a sign that his grace was showering us. His presence and blessings supported us during meditation. The Master heard our prayers and blessing us with his divine presence and love .

A seeker said "My husband, an atheist, who does not believe in super powers, attended the session and enjoyed meditating for the first time in his life. He mentioned it is difficult to make the mind stop wandering but I knew Dadashreeji would help him and get over this phase easily. I experienced this miracle during *Samuhik Dhyana*".

Contact us

Mitra Sut

mitra.sut@peaceservices.org

+91-9820045435

DhyeyaMitra Prawesh

dhyeyamitra.prawesh@gmail.com

+91-8685009309