# ANAHITA

Volume 2, Issue 2 February 2014

Monthly newsletter from



Message from Dadashreeji:

"The year 2014 already has started showing the glimpse of much awaited changes for entire humanity, indicating birth of new world replacing the current one carrying old fixed, harming thoughts for the world. Lets hold our hands for old to die and new to take birth for everlasting peace on Mother Earth. Peace to all." – Dadashreeji



**UPCOMING EVENTS:** 

"BODH..... Awakening to Self Realization"

22<sup>nd</sup>-23<sup>rd</sup> March, 2014

At ShantiKshetra Premgiri Ashram, Karjat

Maitri Sessions... in various cities, including Bangalore, Coimbatore, Delhi, Punjab & Mumbai

(For details and OTHER EVENTS, please visit our website or contact us)

Mitra Sut

Contact us:

DhyeyaMitra Rahul

**DhyeyaMitra Prawesh** 

mitra.sut@peaceservices.org +91-9820045435 dhyeyamitra.rahul@gmail.com +91-9818221383 dhyeyamitra.prawesh@gmail.com +91-8685009309

Visit our website: www.maitribodh.org

## Maitri sessions

The month of February was marked by conducting of many Maitri sessions in various

parts of the country and Europe.

## Bangalore

A wonderful Maitri session was held on 15th February at Siddhashram, Malleswaram. About 45 people attended the session and all attendees were touched very deeply by the love of our beloved Dadashreeji and Babaji. The Aatmanivedan kriya melted everyone's hearts and was experienced beautifully by all. A 7 year old girl communicated with



Dadashreeji with so much innocence and devotion that it touched a chord in everyone's heart.

In **COIMBATORE** a humble beginning was made by a Maitri session at Maitreyi Roopaji's home. The session had a natural and calm flow, with people experiencing tremendous grace and peace. The next day an experiential workshop 'Rediscovering the essence of Life' was arranged for the faculty and students of PSG College of Technology, Coimbatore. 120 participants witnessed a powerful impactful session that took all to Cosmos, receiving energy, love and abundance of the Universe. What a grand and unique way our Masters made an entry to Coimbatore!!! That very evening we had an 'AUM' Chanting group initiated in Coimbatore and they have been chanting every Thursday at Roopaji's home

#### Mumbai

Maitri sessions for 2014 were held in Mumbai after a brief break. The first session was held in Chembur at sevak Aartiji and Niradji's home. 20 seekers (mostly women) from various backgrounds and spiritual affiliations attended the session. With Dadashreeji's grace that flowed in abundance, especially during the dhyan session all melted in his unconditional love. The individual *Aatmanivedan kriya* gave each seeker a wondrous opportunity to connect to the Master. They are now waiting eagerly to meet Dadashreeji in person.

The second Maitri session was held on the 15<sup>th</sup> of February at Navi Mumbai in Mitra and Maitreyi Bhansali's home. Powerful energies and connection to the Master were experienced by the seekers, who came to participate and received the Love and Grace of the Masters. The 3<sup>rd</sup> session was held in Thane, on 23<sup>rd</sup> February, at Mitra Shailendraji's home, with 20 seekers who received the teachings of love and grace of the Masters. The connection was joyful and spontaneous satisfying all.

#### Delhi

Maitri sessions in Delhi have started with full speed. Seven wonderful sessions were held in quick succession, right from 6<sup>th</sup> and 7<sup>th</sup> February starting with the session held at Sarojji's home. On 8<sup>th</sup> February, a session was held at Maitreyi Akankshaji's place. On 13<sup>th</sup> a session was held in Sohna, and another one in Ghaziabad on the 16<sup>th</sup>. A session was held at Maitreyi Salilaji's place on the 18<sup>th</sup> and another one on 20<sup>th</sup> at Janakpuri.

All the sessions saw people from different walks of life flowing in unison and enjoying the grace and love of the Master. The sessions truly transcended all to a wonderful realm of love and peace.



## Europe

Three sessions were held in Europe in February. The first session was at Winterhur, Switzerland, on the 22<sup>nd</sup> of February. The three-hour session full of unconditional love and peace was attended by 30 wonderful people. The next session was in Stuttgart, Germany on the 27<sup>th</sup> of February. It was another wonderful session with 15 people attending.

On the evening of 28<sup>th</sup> February another session was held in the therapy room of Dr. Bolz in Kassel, which was attended by 19 people. The attendees were people following various practices and beliefs. During the session they shared their experiences and practices. This wonderful session is bound to change a lot of lives in a positive way.

# Prem Utsav (16th Feb, 14)

Experiencing unconditional love is the best way to experience Divinity. February 16<sup>th</sup> marked Prem Utsav, the festival of Love and was held in Delhi. Two events took place on this auspicious day.

The first event was at the Banjara village on the outskirts of Gurgaon. The village is a small slum of about forty families. The event included an interactive session with children, with skits teaching moral values. The children also actively participated in singing, dancing and reciting poetry. There was much joy in the faces of the little angels.



Dadashreeji's presence was felt very strongly, as we interacted with the children.

The beautiful event concluded with "annadan" (distribution of food). Love and Joy was in abundance. It was really touching when one of the little children said:

We do not need money or anything else. But what we really need is Love.

The other event was also "annadan" at Vasant Vatika, Vasant Kunj. Eight families were present. There was as much love and joy in our hearts as in theirs, throughout the event. With grace of our Masters the event went off beautifully.

## YGPT Meeting (23rd Feb, 14)

23<sup>rd</sup> February marked an important day for the youth of Delhi. For the first time, a formal meeting of YGPT was held in Delhi. We shared and discussed the vision and activities for the times to come. Though presently we are only a few members, we hope to spread the message of transformation to many more youth. Although this is just a small initiative, we are now a step closer to the dream of a transformed society; a transformed world.

# "Bodh... An Awakening to Self-Realization" (22-23 Feb 14)

at ShantiKhsetra Premgiri Ashram, Karjat.

The most awaited event in our Parivaar, restarted this year with full force, with about 50 seekers from all over India, from different religions and backgrounds getting the rare opportunity to learn directly from our Guiding Light - Dadashreeji over a two day period. Maitreyi Maduraji started the session introducing the MatriBodh Parivaar and explained a few of Dadashreeji's teachings, followed by Maitreyi Sulataji who introduced and welcomed our Master amidst sacred chantings of the *Guru Mantra*.



The seekers came with loads of questions, some out of curiosity, a few who had been forced to attend by well wishers and some to get relief from their pain and sufferings. In just a few hours of being in the presence of Dadashreeji, a shift was obvious in most of the seekers, with their minds beginning to settle. The Master's grace and knowledge flowed, filling their emptiness and cleansing the baggage of years and 'janmas' (many births) of ignorance. Late in the evening a beautiful dhyan session was conducted by Mitra Shankhji. The next day, after the morning session, the seekers ready after a prayer session, received 'Shaktipravaah' transfer of energy channelized by Dadashreeji, through sevak mitras and maitreyis.

This ended the 2-day retreat, leaving all in a state of happiness, joy & pure bliss.

To share the experience of one of the seekers in his own words:

'During this Bodh, Dadashreeji asked me "what is it that I desire" — Liberation or Bhakti? On telling I would prefer his never ending Bhakti over Moksha. He simply said, "I grant you Bhakti". I have no words to explain the thrill of joy running through every single cell in my body. This experience is like granting a student a degree, right at the time of admission. He has given me something way beyond "Mukti" and I can very well feel it within. He blessed me with "anyabhilashita-shunya", which is to remain free from the desire for mukti and being devoid of any desire other than that to please the Guru.'

"Bhakti Daan Mohe Deejiye, Guru Devan Ke Dev, Aur Kachu Nahi Chahiye, Nisdin Tumhari Sev"

#### Women empowerment (24th & 25th Feb 14)

In an initiative to empower women, YGPT organised a self defense workshop for girls in SIES college, Vashi on 24<sup>th</sup> February. The session was conducted by Mr. Shivaji Pawar, a professional martial artist. The session was a great learning experience not just the students but for the members of YGPT as well.

On 25<sup>th</sup> February, a session was held on "women empowerment" by Maitrey Maduraji, where Mitra Ashishji also addressed the youth. The audience were left in awe, with their words. They also received the love and grace of our Master.



This was followed by a yoga session for girls, by yoga instructor - Ms. Vijeta.