

# ANAHITA

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Monthly Newsletter from



“I have seen people use their power to claim, to blame or to complain for keeping themselves happy. None of these acts would help you in your quest to find eternal peace. Never has it happened in the past. I have always urged you to use your power to seek peace within & not outside. Choice is yours.

Blessings !

~ Dadashreeji

## UPCOMING EVENTS:

- ✧ BODH- 22nd & 23rd Feb 2014  
-At Shanti Kshetra Premgiri Ashram, Karjat
- ✧ SHAKTIPEETHAM INAUGURATION  
( 26 Feb to 28 Feb' 2014)  
-At Shanti Kshetra Premgiri Ashram, Karjat
- ✧ Maitri Sessions.... Awakening the Divine within  
-In Bangalore on 15th Feb- 5 pm to 7 pm  
Venue- Shri Siddha Ashram, (near hotel Addigas), No. (13-14)/47, 17th Cross Malleswaram, Bangalore  
For queries contact: 9791613099, 9686230879  
-Other Maitri Sessions also in Bangalore, Coimbatore, Delhi, Punjab, Mumbai  
(For details please visit our website or contact us)

VISIT OUR WEBSITE [www.maitribodh.org](http://www.maitribodh.org)

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## Maitri Sessions now in EUROPE !

*Mitras Kaivalyaji and Silvanoji started our international chapter in Europe by spreading the love and grace of Dadashreeji, through various Maitri sessions.*

On 8<sup>th</sup> January 2014, the first European Maitri Session took place in Munich, Germany. The session explaining the holy mission of our beloved Master Dadashreeji was conducted by Mitra Kaivalyaji in a private home in German.

The next Maitri session took place on 14<sup>th</sup> January in Milano, Italy conducted by Mitra Silvanoji. The session was held in English and Italian and lasted from 6 pm till midnight. It took place in a beautiful yoga institute in the centre of Milano.

From there the European tour went on to Winterthur where on 15<sup>th</sup> January devotees gathered together in a community hall to share Dadashreeji's teachings, practice including meditation techniques and experiences.

The last session was held in a chapel in an old age house in the center of Zurich. The energies were very good and the experiences of the people were truly outstanding. Some people reported a steady state of Peace and Love within them.

In all sessions devotees who participated able to receive the grace of our beloved Guruji Dadashreeji. They expressed their desire to meet again and on walk on the path as guided and supported by Dadashreeji.

In February/March Sessions would be conducted in Winterthur, Bern, London, Zurich, and other German and Italian cities.

*Reap the highest benefits of the age old ancient sacred technique of Homas/Havans*

**ASHWAS** is a team of young, energetic and spiritual youth who perform ancient vedic fire rituals, havans under the guidance of Dadashreeji.



Ashwas Team whole heartedly offers their services to reap the Highest benefits of this age old ancient sacred rituals.

Interested seekers can get back to us for performing such rituals at their place.

Contact: *Mitra Shankh* 9167396870, 8149726716

# Corporate Spiritual Responsibility ( CSPR )

CSPR

*Under Mahavataar Babaji's inspiration, the sadhaks of MaitriBodh Parivaar have refined and developed a concept called 'Corporate spiritual Responsibility'. This has been developed, nourished and implemented by the MaitriBodh Parivaar under the grace and guidance of their Guiding Light Dadashreeji....*

In pursuit of their assigned and declared Mission of 'Transformation through Love and Peace', MaitriBodh Parivaar gratefully announces the launch of its first major initiative, dedicating to humanity, the concept and practice of "**Corporate Spiritual Responsibility (CSPR)**"- an inspiration initiated through a divine decree from their Param Guru Mahavataar Babaji and developed to an implementable stage for the benefit of humanity through Corporate Houses. This has been refined by the Sadhaks of MaitriBodh Parivaar, under the guidance of their Living Master and Guiding Light Dadashreeji.

Aiming at achieving excellence in the spiritual and material world - the realization of the existence of a 'Scientific Spiritual System' culminated into the concept of CSPR linking Spiritual Progress to the Material life. By enhancing and aligning one's spiritual level to the material world, leads to a 'HOLISTIC EXCELLENCE IN LIFE'.

With the implementation of the Scientific Spiritual System, our focus on overall excellence - demands a review of the currently accepted terminology of terms like Profit, Wealth and Net Worth. That one has done well for himself in the material life will not be enough. Man must also compare his spiritual achievements. By the time an employee retires he would - in addition to his financial settlement, be made aware of his '**Spiritual Balance Sheet**'. This would help him in understanding his spiritual standing or level, gained in his lifetime spent in earning profits for the employer.

The focus is to trigger Corporate Conscience into re-aligning their goals with the larger goals of spirituality and humanity - leading to all round abundance. The wealth earned - in an awakened state through wisdom gained based on a foundation of Enlightened Reality of Existence - is infinitely more rewarding to mankind; than the wealth earned out of greed at the cost of existence as a whole.

By measuring the Spiritual level and alignment of their managers - by way of Annual Executive Spiritual Check-ups, the employer will be able to monitor and take care of the Spiritual dimension of growth of their employees who would be able to contribute in a significantly rewarding way to the corporation's profitability and growth.

**'Chaperoning Spiritually' employees from recruitment through retirement...**

**Read More on - "Center for 'Corporate Spiritual Responsibility' by Mitra Ajeet Saxena (Sevak MaitriBodh Parivaar) on [www.Speakingtree.in](http://www.Speakingtree.in).**

Please click on: <http://www.speakingtree.in/spiritual-blogs/seekers/science-of-spirituality/centre-for-corporate-spiritual-responsibility>

## MAIRTI MANTHAN – II- 24<sup>th</sup> to 26<sup>th</sup> Jan, Shanti Kshetra Premgiri Karjat Ashram

The second manthan (semi-annual) meeting, was held at Premgiri Ashram, wherein all members of the MaitriBodh Parivaar met. The purpose was to review previously conducted activities, and plan further sessions, roles and finalise on future activities and protocol. Cleansing and awakening of the subtle body, leading to holistic growth was also conducted in the presence of Dadashreeji to help mankind to grow, transform and spread our message. There was also an intense 15-day sevak training of a batch of 10 mitras and maitreyis from all over india. During this period, participants actively did selfless service 'Shramadaan', to clean the ashram regularly, a transforming experience by itself, every seeker must go through.



### Maitri Session : Delhi Center

19<sup>th</sup> January 2014

A Maitri session was conducted at the Delhi Center. Dadashreeji conducted the session through Maitreyi Akanksha. A couple of new members came for the session, and Akankshaji started with the introduction of the new members in the MaitriBodh Parivaar. Maitreyi Akanksha highlighted the need to have someone to guide us through the journey of this Life, and how it is of paramount importance to have a Guru in one's life. Further, she facilitated the meditation session which charged the Participants enabling them to experience Peace and Love in their hearts. It was a wonderful experience, not just to the people who came afresh, but also for the rest of the participants who regularly join us in our events.



### Youth For Global Peace and Transformation - Update

Celebration of NATIONAL YOUTH DAY - 12<sup>TH</sup> Jan 2014

Youth members of YGPT gathered on 12<sup>th</sup> Jan for celebration of National Youth Day (*birthday of Swami Vivekananda*).

The philosophy, teachings and ideas of Swami Vivekananda are one of the great cultural and traditional assets of India. Youth are the most important part of the country-the next generation leaders who will take the country ahead being inspired by the ideas and ideals of Swami Vivekananda.

YGPT members discussed the importance of "youth power" for leading and nourishing the country, with prayers for Universal Peace and Love. Subsequently, "AUM" chanting was practiced by all participants .

